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JAMES FRANCO'S UNUSUAL DIET PLAN
ACTOR DROPS POUNDS FOR ROLE {pages 25}

OUT OF SYNC?
RELATIONSHIP COULD BE ON THE ROCKS {page 34}

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News w h sharing.

Flames. Milestone

▶ Calgary Flames' Craig Conroy waves to the crowd as his wife, Jessica, looks on last night during a pre-game ceremony.

JEFF MCINTOSH/THE CANADIAN PRESS

Conroy joins exclusive club

Craig Conroy was awarded a silver stick for playing in his 1,000th career NHL hockey game. The Flames couldn't win the game for him, though, dropping a 6-5 decision to the Colorado Avalanche. Story, page 36.

Tightening up at city hall

Mayor hints that cuts to pay, perks could be coming {page 2}

The rising cost of health care

Report puts health spending at $5,600 per Canadian {page 16}

CBE staffer faces sex charges

Charges: Sexual assault, sexual interference with a young person and sexual interference by a person in authority Original arrest and charges laid in August

DARREN KRAUSE
@METRONEWS.CA

Calgary police have confirmed a school employee in her 40s was charged with sexual assault for allegedly carrying on a relationship with a 15-year-old male student at her school, and was then re-arrested after she allegedly ignored a court order to discontinue the relationship.

According to police, the woman was arrested and charged after police learned of the alleged relationship.

The woman — whose name is not being released, nor is the school where she worked, to protect the identity of the victim — was subsequently re-arrested and charged in September for allegedly breaching conditions of her release, which included having no contact with the victim.

The case was not made public at the time of the arrest.

"Because it was an isolated case, specific to that relationship, it wasn't felt there was a risk to other members of the public or any other children," said CPS duty Insp. Nina Vaughan.

Calgary Board of Education spokesman Ted Flitton said the school board is taking the situation very seriously.

"Our core business is education, but our highest priority is the safety of students, staff and the entire school," said Flitton.

Flitton said the suspect was immediately taken from situations involving young people and hasn't returned to work.

WITH FILES FROM THE CANADIAN PRESS

CBE's stance

CBE spokesman Ted Flitton said the school board takes its lead on protocol in such cases from the Calgary police.

- "We'd never want to do anything that jeopardized a police investigation," Flitton said.
- According to Insp. Vaughan, it's believed there are no other victims.

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1 news

Lawmakers look at ways to cut catcalls, whistles and other street harassment of NYC women. Scan code for story.

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On the web at metronews.ca

Southsiders president joins It's Called Football to discuss the importance of away support in MLS. More at metronews.ca/itscalledfootball

Blue ribbon. Purple pumpkin

▶ Suzanna Isleifson, a second-year student in Bow Valley College's legal assistant program, poses with her Nenshi pumpkin.

CANDICE WARD/METRO

Nenshi wins again!

Isleifson's design, featuring a cartoon of Mayor Naheed Nenshi, won her the top prize in Bow Valley College's pumpkin design contest Thursday.

Nenshi takes aim at 'pay and perks'

New mayor wants to review compensation for all council members ◐ Budget decisions will happen at end of November ◐ Public will have the opportunity to participate, he said

[illegible] to the possibility of cutting the pay or perks of city council, some aldermen are less than thrilled.

When speaking to media earlier this week, Mayor Naheed Nenshi said he would be looking at all areas to trim the budget.

"I've been on record during the campaign of instituting a process to look at the pay and perks of all council members and I do stand by that," said Nenshi.

"I really want them to examine from soup to nuts how we think about the various compensation, the pay and the perks that all council members, including myself, receive."

Ald. Ray Jones said the aldermanic and mayor's offices always seem to be the first to be targeted for budget cuts. "If we're talking about cutting benefits I'm not too wild about that because we already took the flack for that and it took us years to get it to where it is," said Jones. "It gets tough to trim because we just cut $114,000 out of our office budget as it is and it's getting tight."

Council newcomer Shane Keating said he spent Wednesday going through the aldermanic budget. "There really isn't a whole lot there to begin with, it's not like we're fluid with cash," he said. "There's always room for improvement, and without a doubt that will happen." ● KATIE TURNER

'Mayor mobile'

- Nenshi said he will be trying to lead by example and said he's still unsure whether he will drive a city vehicle or his own car.
- "I have to admit, I did take a ride in the mayor mobile last night ... but I kind of like my Corolla so we'll see how we make this work," he said.
- Ald. Shane Keating said the aldermanic budget covers the cost of things like phone use, photocopying over 200 pages, ward information sessions and the salaries of office staff.

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SCIENCE

Research gets better grip on CO2 capture

Canadian scientists have found a deeper understanding when it comes to the capture of carbon dioxide.

Researchers from the University of Calgary and the University of Ottawa have found that computer simulations can better predict how well certain materials can capture carbon dioxide before they are made in the lab. This research may be used for a variety of applications.

"We could ultimately see this process helping to mitigate greenhouse gas emissions on the top of coal-burning flue stacks, or it could be used to help remove CO2 from unconventional natural gas reservoirs," said Dr. Ramanathan Vaidhyanathan, research associate at the University of Calgary.

METRO

Tories plan to name riding after Klein

Backbencher Kyle Fawcett represents the Calgary-North Hill riding and put forward the name-change resolution in the legislature

Ralph Klein may be gone from politics, but his old colleagues plan to put him on the electoral map.

Government members have voted to amend a report into new electoral boundaries to include changing the name of Calgary-North Hill to Calgary-Klein.

The government must still pass a bill to make the change official, but has an overwhelming majority in the legislature in which to do it.

"This doesn't have anything to do with partisanship. If people want to make it that, they do so on their own terms," Tory backbencher Kyle Fawcett said Thursday.

"Too often we don't say thank you soon enough, and I think it's a great opportunity to do so," he added.

Fawcett told the legislature in debate on Tuesday night that discussions he had with people in the riding prompted him to put Klein's name forward.

"Some suggested proceeding with caution," Fawcett told the legislature. "At times was Premier Klein controversial? Certainly he was.

"I don't think there is anything we bring forward ... that is going to have 100 per cent unanimous agreement."

▶ It appears likely that former premier Ralph Klein will live on in politics by having a city constituency named after him.

Fawcett won the riding in 2008 despite capturing 38 per cent of just more than 11,000 votes cast.

He said he told Klein about the plan and Klein was "humbled by the gesture."

Klein grew up in Tuxedo Park, in the centre of the North Hill riding, and went on to become mayor of Calgary in the 1980s before moving to provincial politics and the premiership in 1992. He stepped down late in 2006 after receiving a poor showing of support in a party leadership review.

Alberta Liberal Leader David Swann said the whole plan reflects badly on the government.

"Partisan influence or any perception of partisan influence on the naming of particular areas or institutions or buildings — I don't think that's appropriate," said Swann. "It looks too cosy."

"I think he was a lousy premier," added Opposition NDP Leader Brian Mason. "I don't think it's suitable. His own party kicked him out. We wandered in the wilderness for years while he was the premier. It's not appropriate."

THE CANADIAN PRESS

Precedents

The political naming of ridings in Alberta is not new.

- The riding of Calgary-Lougheed honours former premier Peter Lougheed and his family.
- There's an Edmonton-Rutherford for Alberta's first premier, Liberal Alexander Rutherford.
- Edmonton-Manning honours former Social Credit leader Ernest Manning.

So much for home ward advantage

KATIE TURNER
CALGARY@METRONEWS.CA

27 The percentage of votes Naheed Nenshi received from advance polling. Barb Higgins took the lead in the advance polls with 33 per cent and Ric McIver was a close second at 32 per cent.

Ward-by-ward election results released by the City of Calgary Thursday showed that the ward in which each candidate resides didn't seem to impact voting.

While Ric McIver had a strong showing in Ward 12 with 17 per cent of the vote, candidates Barb Higgins and Naheed Nenshi flopped in their home wards.

"Neither one of them (Nenshi or Higgins) had any reason to expect one particular part of the city or one local base of support," said University of Calgary political scientist Lisa Young. "They didn't have a long history of being representatives of that ward."

Nenshi tied with Higgins at 11 per cent in Ward 5, while in Higgins' Ward 8 community she only had seven per cent of the vote and Nenshi had 20 per cent.

Ward 8 resident Robert Jones said he wasn't surprised Nenshi had support in the downtown.

"I think the combination of young people and the fact that it's a pretty aware community when it comes to political issues, I think, probably helped Nenshi."

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SEX OFFENDER

No word on bail for James

There is no word yet on whether convicted sex offender Graham James will seek bail on the nine new charges he is facing.

A lawyer for James appeared briefly in court Thursday morning to have the case put over to Monday. James was not in court himself, and remains in custody in Winnipeg.

The former junior hockey coach faces charges including sexual exploitation, sexual assault and gross indecency that date back as far as 1979.

There are three complainants, including former NHL star Theoren Fleury, who says he is glad to see James taken off the streets. James, 58, pleaded guilty in 1997 to assaulting two teenage players, including former NHLer Sheldon Kennedy.

THE CANADIAN PRESS

MLA joins Calgary's tunnel fight

Calgary MLA Darshan Kang has joined the airport tunnel fight, putting forward a petition on Thursday to persuade the provincial government. Kang said in a release he's been trying for months to lobby the government. The petition will be available to sign at Kang's office next week.

METRO

All's Wells on U of C campus

H.G. Wells will soon have a home at the University of Calgary.

A collection of his works is to be brought to the campus.

The items are being brought to coincide with the 72nd anniversary of the first broadcast of War of the Worlds.

METRO

A CALL TO THE RUNNERS-UP

Opinion

DJ KELLY

THE SCRUTINEER, WITH ANALYSIS OF CIVIC ISSUES IN THE CITY OF CALGARY

Naheed Nenshi is our new mayor. I doubt anyone would have guessed that might be the outcome in 2007, following Dave Bronconnier's thorough thumping of high spending rival Alnoor Kassam.

I remember thinking at the time that Alnoor Kassam could have been be our next mayor, if he really wanted to be. The path to victory in 2010 for him was a simple one. All he had to do was spend three years being seen as an active and caring citizen who worked hard in the community and was always there to offer sound advice on the affairs of city hall.

This was the one big thing Kassam was missing in 2007. He felt to voters like an opportunist; someone who came out of nowhere to run for the big chair, someone who didn't really care about Calgarians, someone who was just in it for himself and was willing to spend $1 million of his own money for the prestige Nenshi is bathed in today.

It was a simple enough problem for Kassam to overcome — be the thing Calgarians wanted, but didn't see you as: An engaged, community focussed alternative.

Sadly, Kassam did not do this. Instead, he drifted from the public eye, returning to his personal business world. When he announced this spring he was ready to take another shot at the mayor's chair, hardly anyone batted an eye.

Show us you didn't run because of an oversized ego. Show us you ran because you are passionate about a better Calgary.

With a sideways glance we seemingly said, "That guy again? He hasn't done anything for Calgary for the past three years. Why would I vote for him?"

With no traction at all, Kassam pulled out of the race before nomination day even arrived.

I recount this tale as a warning to all the unsuccessful candidates from last week. If you really care about Calgary, your work is not done. Just because you were not elected does not mean that the city does not need you.

You proved yourself to be engaged, thoughtful and caring enough to want to stand up and represent the rest of us. Please do not shrink into the background and spend the next three years doing little.

Just because you are not on council does not mean you cannot help make Calgary a better place.

Show us you didn't run because of an oversized ego. Show us you ran because you are passionate about a better Calgary.

Yes, it's true. This will give you an even better shot at winning a seat in 2013 — should you choose to run again.

But more importantly, the fruits of your labours really will make a difference over the next three years.

And isn't that why you ran in the first place?

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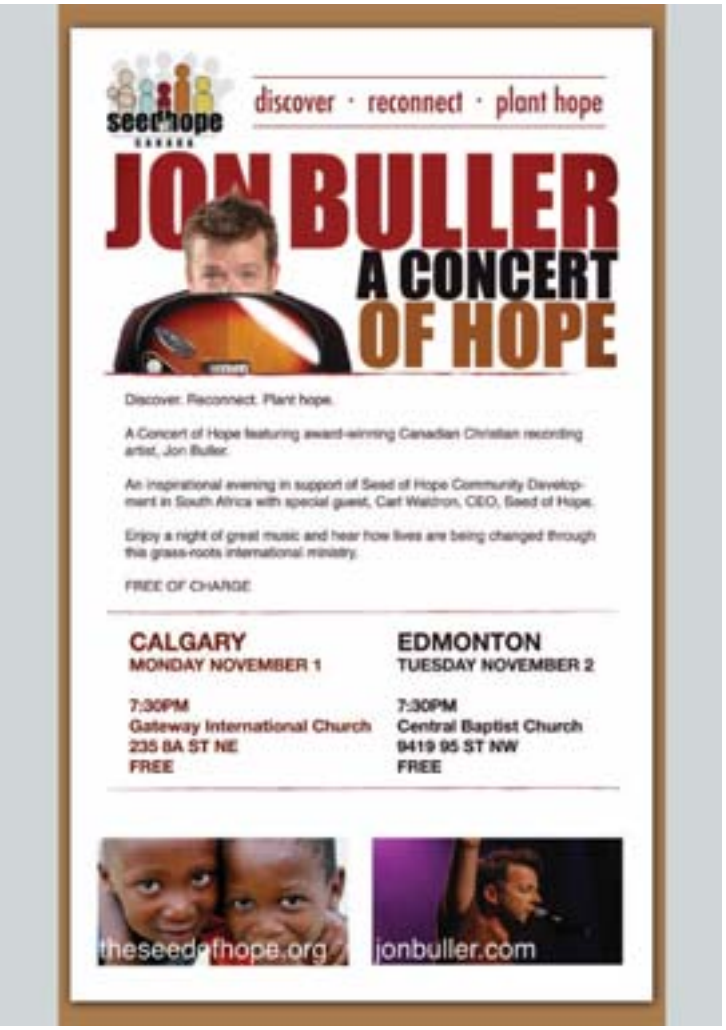
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News in brief

Robbery suspect sought

HOLDUP. Police are looking for the suspect a robbery that occurred at about 12:30 a.m. Monday at the Mac's store on 2905 14 St. SW, where the suspect demanded the clerk put the money from both tills in a duffle bag.

The suspect (pictured) is described as aboriginal, 23 to 30 years old, five-foot-eight with a medium build.

He was wearing a grey hoodie with a black emblem, black and white bandana, a baseball cap with a red rim, blue jeans and white runners.

METRO

Murderer gets parole

COURTS. The woman who pushed a Calgary teenager off a transit train platform to his death has been granted day parole.

The National Parole Board made the decision today at a hearing at the Edmonton Institution for Women.

Natalia Pasqua pleaded guilty to manslaughter in the death of Gage Prevost in August of 2007. The two got into a dispute over a $10 drug deal.

THE CANADIAN PRESS

Cat killed prior to decapitation: Police

TEMPLE. The cat whose head was severed and left on a Temple-area doorstep is said to have been hit by a car and killed in a previous incident. Police have received a number of reports from witnesses saying they had seen the cat after it had been struck.

METRO

Bob Barker would be very proud

City program offers free spay and neutering as well as putting a microchip in pets and free licensing for one month

KATIE TURNER
CALGARY@METRONEWS.CA

With the city now offering a free spay and neuter program, Calgarians no longer have an excuse not to fix their pet, according to the director of animal and by-law services.

Yesterday the city officially launched its no-cost cat and dog spay and neuter program, which will assist low-income pet owners.

"We know that pet overpopulation is a problem in North America in general and the best way to cure that is really spay and neuter," said Bill Bruce. "(The goal is) to see every animal in Calgary spayed and neutered, that nobody would have a barrier that prevents them from doing that, that would be the goal."

▶ Pet owners Sharon Abbasi and Jim Degenstien were the first to take part in the free spay and neuter program.

Jim Degenstien, owner of seven-month-old Jack Russell Terrier Jewel, was the first to apply to the program and said it's "unbelievable."

"If they didn't have this program, I wouldn't have been able to get her fixed. It would have made me more stressed and (put) more burden on my shoulders to try and come up with some money," he said. "Get your pet spayed or neutered because it saves lives."

'Great'

- Owner of two cats, Paws and Troubles, Sharon Abbasi said she was amazed to find out she could have both pets neutered. "I couldn't believe it. I thought this was great."
- Owners must be at least 18 years old and have a household income no greater than 85 per cent of the Statistics Canada Low Income Cut Off to apply
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SEED OF HOPE

Gospel singer to touch down in Calgary

Seed of Hope will be hosting the Concert of Hope in two Alberta cities next week.

In support of development in South Africa, award-winning gospel singer Jon Buller will be performing in Calgary and Edmonton.

"This concert is an opportunity for people to hear about the amazing things that are happening in South Africa," said Kelly Schwartz, a director on the Seed of Hope Canada board.

Buller will be performing in Calgary at the Gateway International Church on Nov. 1 at 7:30 p.m. and in Edmonton at the Central Baptist Church on Nov. 2 at 7:30 p.m.

METRO

Homeless woman still missing

RCMP in Bonnyville are looking for a homeless woman who hasn't been seen by friends or family for three weeks.

Mary Jane Corbiere, 76, known as Ella, is four-foot-10 with brown hair, brown eyes and is often seen hauling a wire cart, wearing a knee-length brown winter jacket and a toque. METRO

Could troop be a tongue biter?

Cold Lake RCMP are now investigating the possibility that a British soldier is the suspect in a tongue-biting incident that took place on Oct. 3.

According to RCMP, a woman alleged a man bit off a portion of her tongue. She required hospitalization for her injury.

METRO

Premier offered a free ride to Fort Chip

Students hope Stelmach will take opportunity to see oilsands' impact

JEFF MCINTOSH/CANADIAN PRESS FILE

▶ Premier Ed Stelmach, in a file photo from the PC party's annual meeting last November.

Premier Ed Stelmach has one more reason to fly north to see firsthand the health impacts of the oilsands.

University students lobbying to have the government deal with the health issue have presented Stelmach's aides with a $220 open-ended, round-trip air ticket to Fort Chipewyan.

Stelmach's team accepted the cheque, but didn't say when or whether the premier would go.

Residents of the largely aboriginal community have long complained that effluents from the oilsands harm their drinking water, make them ill and cause cancer.

Earlier this fall, renowned ecologist David Schindler showed pictures of deformed, tumour-stricken fish being caught in the area.

Scientists for Alberta and the federal government are now conducting their own water tests.

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Radio hosts camp out in haunted house

CANDICE WARD/FOR METRO

▶ AMP 90.3 FM's Buzz, left, and Blake bravely entered one of Heritage Park's haunted houses for a broadcast.

▶ House was built in 1894 by Eau Claire Lumber Company manager Peter Prince, who brought electric streetlights to Calgary ▶ Prince's first three wives all passed away

Armed with ghost busters, a psychic and their trusty teddy bears, a pair of radio hosts had a haunted sleepover in Heritage Park's Prince House Thursday night.

Buzz and Blake, of Amp Radio 90.3 FM, spent the night in the infamous haunted house, the site of numerous ghost stories.

But, really, how scary can it be?

"There is some spooky stuff here," said Barb Munro, spokeswoman with Heritage Park. "Everybody has a story about the Prince House."

Munro said staff and visitors have been reporting sightings in the house since the three-storey dwelling was moved to the park in 1967.

There have been reports of the third-storey lights being on, when in fact there are no lights on the third floor.

Others have reportedly seen a woman in costume changing a baby. That's what prompted the morning show duo to check out the house.

"We wanted to see what was up in one of Calgary's storied haunted houses," said co-host Buzz Bishop.

Clairvoyant Kim and members of the Centre for Advanced Paranormal Investigation joined Buzz and Blake throughout the night.

CANDICE WARD

Ghost stories

▶ To hear Buzz and Blake's true tale of terror, tune into AMP 90.3 FM Friday between 5:30 and 9 a.m.

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Firing squad executes 'spies' aged 15 and 18

- Onlooker faints as young Somali girls are shot
- 'Those who watched could not bear the pain'

Two accused spies died amid a fusillade of bullets from a firing squad organized by a hardline Islamist militia.

The condemned pair were girls — aged only 15 and 18.

Their grieving relatives say they were uneducated, usually stayed at home and could not have spied for anyone.

Horrified residents of Belet Weyne, in western Somalia, were forced to watch the execution by al-Shabab on Wednesday.

One woman fainted as the girls were gunned down by 10 masked executioners.

"Those who watched the event could not bear the painful experience. Two very young girls were shot as they watched and no one could help," said Dahir Casowe, a local elder.

Al-Shabab is linked to Al Qaida and has carried out whippings, amputations and executions to enforce its own strict interpretation of Islam.

Shortly before the executions, Sheik Mohamed Ibrahim sentenced the girls to death for spying for government soldiers fighting al-Shabab.

The only qualifications Ibrahim needed to be appointed a judge by al-Shabab were that he be male and know the Qur'an.

THE ASSOCIATED PRESS

Innocent?

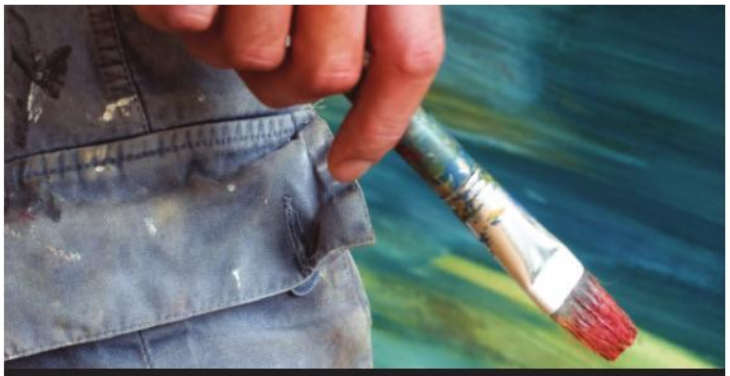
- Sheik Yusuf Ali Ugas, the governor of the Hiran region, told the crowd over a loudspeaker that the girls were captured during fighting and they admitted spying.
- But Sadia Osman, who witnessed the execution, said one of the girls proclaimed her innocence.
- Ugas warned residents against using their mobile phones or cameras to photograph the execution.

Rome. They're not acting

PIER PAOLO CITO/THE ASSOCIATED PRESS

Lights, action ... protest

Hundreds of protesting actors and actresses, directors, screenwriters and other workers in the movie industry occupied the red carpet of the International Rome Film Festival on Thursday. The high-profile stunt was part of an ongoing dispute over government funding cuts to culture. The sign held by the protesters reads "There are working people in the end credits."



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Quebec City. Farewell

JACQUES BOISSINOT/THE CANADIAN PRESS

Ready to march off to Afghanistan

Canadian Forces Lt.-Col. Michel Henri St.-Louis of the Royal 22nd Regiment leads his troops in a farewell parade Thursday at the Citadelle in Quebec City. St.-Louis leaves next week with 1,400 soldiers for a final stint in Afghanistan.

Health care spending going up – and down

Belt-tightening by provinces behind shrinking rate, expert says Lowest growth rate 'in last 13 years'

Total health-care spending in Canada this year is predicted to reach almost $192 billion, up almost five per cent over 2009, says a report by the Canadian Institute for Health Information.

The 155-page report, released Thursday, says that figure translates into about $5,600 for each man, woman and child in the country.

"Over the last 10 years, we've seen the growth in health-care spending over and above population growth and inflation," said Chris Kuchciak, manager of health expenditures for CIHI.

"There were significant investments in health care. But now fiscal positions have changed."
CHRIS KUCHCIAK

"However, what's different this year is that the growth rate in 2009 and 2010 seems to be decelerating."

Actual per capita health-care spending is expected to rise by just 1.4 per cent this year, Kuchciak said.

"The growth rate of 1.4 per cent is actually the lowest growth rate in the last 13 years."

Kuchciak said a number of factors are likely behind the shrinking rate, including belt-tightening by provinces.

A similar squeeze on spending occurred during the mid-1990s, a period of restraint when the growth in health spending was either flat or negative, he said, noting that the trend was reversed in the late '90s, when governments made a concerted effort to boost allocations to health.

The report shows health-care spending is expected to account for 11.7 per cent of Canada's gross domestic product in 2010, down from 11.9 per cent in 2009.

THE CANADIAN PRESS

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Charity. Dropping pumpkins

▶ Lauren Hockin, president of the University of Western Ontario's chapter of Engineers Without Borders, poses next to a 1,000-pound pumpkin about to be dropped from a 120-foot crane in London, Ont., on Thursday.

DAVE CHIDLEY/THE CANADIAN PRESS

The great half-ton pumpkin toss

The anti-poverty event supports improving rural farmers' livelihoods in Ghana.

More students paying more

◗ Rise in enrolment ranged from 0.7% in N.L. to 4.5% in B.C. ◗ Grads more likely to land knowledge-based jobs

Rising enrolment rates at Canadian universities were hailed Thursday as a future boon to the Canadian economy, but student advocates warned skyrocketing tuition is putting post-secondary education out of reach for many students.

Overall university enrolment increased 3.7 per cent over last year and 57 per cent from 1995, the Association of Universities and Colleges of Canada reported. There were 898,000 full-time university students registered this fall.

Petition

- More than 39,000 people have signed the federation's petition calling on the federal government to create a national post-secondary education act and restore funding for post-secondary education to 1992 levels.
- The petition is online at www.educationisaright.ca.

That's good news for the economy, because university graduates represent about a quarter of the working population but are about 40 per cent of the tax base, said association president Paul Davidson.

"To be able to afford the quality of life, the standard of living, the quality of public services that we have in Canada, requires these kind of high-quality jobs that university graduates are getting," Davidson said.

University graduates increase Canada's productivity and innovation, said Davidson. They also make more money.

THE CANADIAN PRESS

MUNICIPAL POLITICS

Ont. city official blunders

The mayor of Elliot Lake says he'll investigate an apparent social media blunder by the northern Ontario city's chief administrative officer.

Dan Gagnon is accused of making inappropriate remarks about mayoral challenger Bob Whitehead on his personal Facebook page.

The offending message has been taken off Facebook, but it went viral after it was copied into an email sent to many Elliot Lake residents.

The Facebook comment attributed to Gagnon expresses relief that incumbent Mayor Rick Hamilton won Monday's election.

It says challenger Whitehead had "zero municipal experience" and was on record as saying the city doesn't need a CAO.

Gagnon says he is unable to comment at this time.

THE CANADIAN PRESS

Pentagon condemns private spying

A high-level Pentagon inquiry has accused defence contractor and retired U.S. Army officer Michael Furlong of running what amounted to an illegal spying ring of military contractors in gathering intelligence in Afghanistan and Pakistan that ended up being used to kill or capture suspected militants. THE ASSOCIATED PRESS

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Jewish leader fighting sex offender status

- Surkis expresses remorse in child pornography case
- Crown wants his sentence to send a clear message

ANDY BLATCHFORD/THE CANADIAN PRESS

▶ Bill Surkis

A former Quebec director of B'nai Brith said Thursday he's deeply sorry for downloading child pornography and recognizes the impact his actions have had on his family.

Bill Surkis expressed remorse during his sentencing hearing in Montreal.

The former Jewish community leader, who pleaded guilty in May to one count each of accessing and possessing child pornography, will be sentenced Dec. 9.

But the Crown wants to send a clear message to the public that downloading and possessing child pornography only serves to fund an industry that profits from exploiting young children.

To that end, they want to have Surkis, 71, declared a registered sex offender, which is a sticking point in the sentencing.

The Crown and defence have agreed that Surkis should receive the minimum sentence allowed by law — a 45-day jail term, to be served on weekends. There would be 240 hours of community service and three years probation.

The Crown's request that Surkis be registered as a sex offender and have his DNA taken has been dismissed by Surkis and his lawyer as unnecessary and punitive.

"That would put me in a position where I would not be able to serve my community," Surkis said. "I downloaded videos, yes, but I am not a sex offender."

THE CANADIAN PRESS

CANADIAN HIGHLANDER

A pathway to peace

Today's photo of the day is by Canadian Highlander and was submitted in the Emotions category. The photo is titled Mcdougall Church Near Ghost Lake. Enter your photos today and view more pictures at metrophotochallenge.ca.

metro PHOTO CHALLENGE

"It wasn't my intention to disparage anyone suffering with a mental health issue."
CRAIG WESTCOTT

Spin doc says sorry

Craig Westcott, the new spin doctor for the Liberals in Newfoundland and Labrador, has apologized for an email that raised the prospect that Premier Danny Williams is mentally ill or in the last stages of a venereal disease.

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PROTESTS WEAKEN

French strikes fail to draw large numbers of people as they did previously ◐ Demonstrations by train and oil workers tapering off

Strikes caused hassles for air travellers in France on Thursday, but nationwide street protests over a plan to raise the retirement age to 62 failed to draw the massive crowds of weeks' past — a sign of slackening resolve among the bill's opponents.

Parliament has already approved raising the retirement age from 60 to 62, but union leaders insist they will not give up their fight until conservative President Nicolas Sarkozy actually signs the bill. Still, fewer protesters followed them into the streets this time, and strikes by train and oil workers have been tapering off in recent days.

In Paris, demonstrators waved union flags and set off flares, while in southern Marseille, they beat drums and blew whistles. Past demonstrations have drawn more than a million protesters into the streets; this time, the Interior Ministry put the figure at 560,000 nationwide. The hard-line CGT union contested that number, putting turnout at 2 million.

"We will fight until the end."
SOCIALIST LEADER MARTINE AUBRY

"It's true you could say the anti-reform movement is slowing down, but you need to ask why," Serba Germain, a 67-year-old retired police officer marching in Marseille, told Associated Press Television News.

"People are disappointed, they are frustrated" because the government hasn't listened.

Unions and opposition parties urged Sarkozy not to sign the law, which polls show is unpopular. He is expected to do so by mid-November, after it is cleared by France's constitutional watchdog.

But Sarkozy has refused to back down, even amid two weeks of strikes that cancelled trains, shut down oil refineries and left drivers struggling to find gasoline.

A small number of trains were cancelled Thursday, but the problem was bigger for airlines. A third of flights at Paris' Charles de Gaulle airport and half of those at the city's smaller Orly were cancelled. Flights were expected to run as normal Friday.

CHRISTOPHE ENA/THE ASSOCIATED PRESS

▶ A demonstrator holds a French President Nicolas Sarkozy mask during a protest in Paris, Thursday, as part of the seventh day of actions against the pensions reform law.

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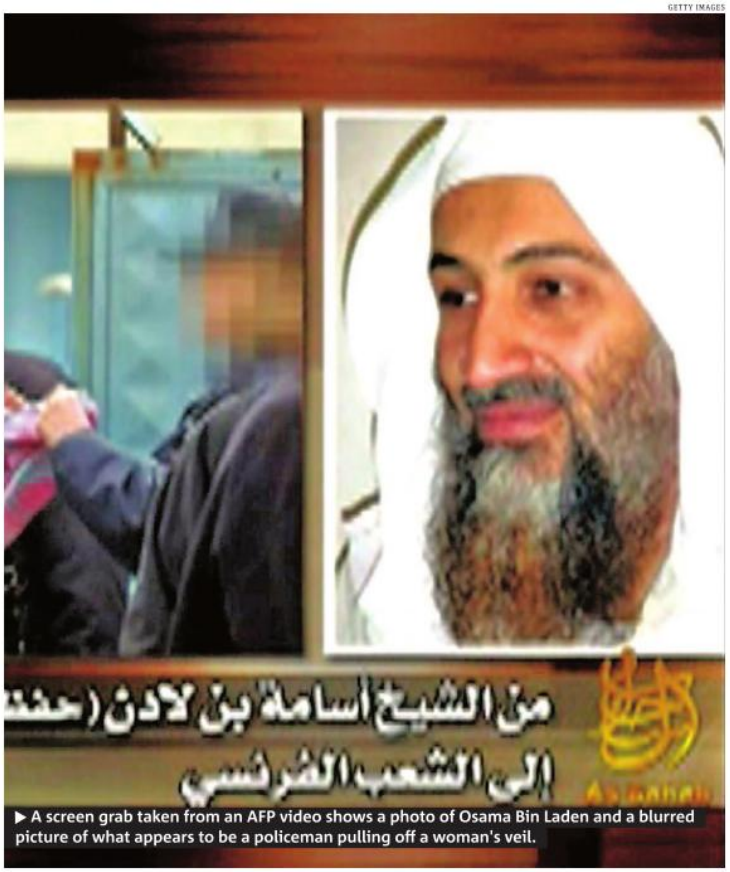

▶ A screen grab taken from an AFP video shows a photo of Osama Bin Laden and a blurred picture of what appears to be a policeman pulling off a woman's veil.

Bin Laden recording authentic: Ministry

A newly released audio tape of al-Qaida leader Osama bin Laden threatening France appears to be authentic, the French Foreign Ministry said Thursday.

The voice on the audio tape threatens to kill French citizens to avenge their country's support for the war in Afghanistan and in revenge for a new French law that will ban burqa-like Muslim veils. The audiotape was obtained by the Al-Jazeera television station.

The Foreign Ministry says the tape's "authenticity can be considered established based on initial verifications."

The message "only confirms that reality of the terror threat," Foreign Ministry spokesman Bernard Valero said.

A series of terror warnings has put France and other European countries on high alert in recent weeks, prompting the U.S. State Department to advise American citizens living or travelling in Europe to take more precautions.

Speculation on the source of a potential terror threat in France has focused on a group called al-Qaida in the Islamic Maghreb.

That group, an offshoot of bin Laden's network, has claimed responsibility for the abductions of five French citizens in Niger and is believed to have taken them to neighbouring Mali.

The French hostages, as well as a Togolese and a Madagascar national, were kidnapped on Sept. 16 while they slept in their villas in the uranium mining town of Arlit.

THE ASSOCIATED PRESS

Tensions

There are about 4,000 French troops deployed in and near Afghanistan. France has also passed a law that will ban the wearing of face-covering burqa-style Muslim veils in public starting in April. Al-Qaida had spoken out against the veil measure before it became law.

France feels fuel crunch

Though the strikes in France are tapering off, the fuel shortages they caused are still a problem. One in five gas stations remain empty or short of gas because of the refinery strike, said the national petroleum industry body.

Striking dock workers have exacerbated the shortages. Oil tankers are lined up by the dozens in the Mediterranean off the port of Marseille, waiting to unload. The Normandy port of Le Havre faces a similar situation. Dock workers have been protesting for a month, partly over the pension plan, though their central concern is port reform.

Unions see retirement at 60 as a cornerstone of France's generous social benefit system, but the government says the entire pension system is in jeopardy without the reform because French people are living longer — an average of nearly 85 years for women and 78 for men.

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VOLCANOES

Russia hit with eruptions

Two volcanoes erupted Thursday on Russia's far-eastern Kamchatka Peninsula, tossing massive ash clouds kilometres into the air, forcing flights to divert and blanketing one town with thick, heavy ash.

The Klyuchevskaya Sopka, Eurasia's highest active volcano, exploded along with the Shiveluch volcano, 70 kilometres to the northeast, the Russian Emergency Situations Ministry's branch in Kamchatka said, adding that flights in the area had to change course.

Ash clouds from the remote volcanoes billowed up to 10 kilometres and were spreading east across the Pacific Ocean, vulcanologist Sergei Senyukov told Rossiya 24 television.

THE ASSOCIATED PRESS

Six men massacred in Mexico

Armed men rumbled into a gritty neighbourhood of Mexico City Thursday and gunned down six men hanging around a convenience store, fueling fears that one of the world's largest cities is falling prey to the violence that has terrorized parts of the country.

THE ASSOCIATED PRESS

Obama lauds mine efforts

U.S. President Barack Obama on Thursday congratulated officials from NASA and several American companies for their role in this month's rescue of 33 miners trapped underground in Chile.

The miners were rescued on Oct. 14.

THE ASSOCIATED PRESS

Khadr apologizes for U.S. soldier's killing

COLIN PERKEL/THE CANADIAN PRESS

▶ Tabitha Speer, widow of Omar Khadr's victim, is seen reading a letter from her daughter, in this courtroom sketch by Janet Hamlin at Guantanamo Bay, Cuba, on Thursday.

Notes on the proposed transfer to Canadian custody are to be released

Convicted Canadian war criminal Omar Khadr stood in a Guantanamo Bay courtroom Thursday and apologized directly to the widow of the American soldier he killed eight years ago.

Taking the stand to deliver an unsworn statement, Khadr also said his greatest wish was to get of prison and one day become a doctor.

"I'm really, really sorry for the pain I caused you and your family," Khadr told Tabitha Speer, who hours earlier branded him a murderer.

"I wish I could do something that would take this pain away from you."

Speer initially shook her head as he spoke, and then wept.

Khadr told his Pentagon-appointed lawyer, Col. Jon Jackson, that he had decided to plead guilty to war crimes "to take responsibility for the acts I've done."

He also outlined the injuries he had suffered in the firefight that led to the death of Sgt. 1st Class Chris Speer, a U.S. special forces medic.

THE CANADIAN PRESS

Statement

Citing South African President Nelson Mandela, Khadr said he had learned that in prison he had much time to think about things. As a result, he said, he had concluded there was no point carrying anger or hate in his heart.

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Other people's money

D. DESCÔTEAUX

Crucial mid-term elections will take place next Tuesday in the United States. The Republicans could regain political control in Washington and block Obama's projects.

Bryan Caplan, economics professor at George Mason University, has some advice for the millions of voters who plan to cast ballots on election day: If you don't understand basic economics, why not just stay home?

In his book, The Myth Of The Rational Voter, Caplan says it's wrong to think that politicians don't listen to the people. On the contrary, politicians do listen ... and that's the problem! Voters are riddled with biases, according to Caplan. Especially when it comes to the economy.

Several polls carried out in the U.S. have revealed that half of voters don't know the name of their senator or representative. A good portion of the population thinks that foreign aid represents 24 per cent of the federal budget. (The correct answer: One per cent.)

"Many people have backward ideas about economics, having never studied the subject. And their opinions are generally the opposite of what an economics course would teach," Caplan once told me when I interviewed him for a business magazine. For example, people who have not studied economics usually think protectionism is a good thing. "Instead of saying, 'I don't know, I never studied that,' they state with conviction: 'Foreigners are stealing our jobs! We have to do something, regardless of what economists say!'"

The average voter exhibits numerous biases in economic matters, according to Caplan's research. Among other things, people tend to underestimate the advantages of market mechanisms, or the benefits of immigration and free trade. They also like to blame scapegoats for economic problems — speculators, oil companies, Wal-Mart, the Chinese ...

The end result: In order to cater to voters, politicians enact laws that persecute those scapegoats, or erect protectionist barriers (taxes and tariffs) to limit free trade. Policies that, according to Caplan, impoverish the economy as a whole. The professor, who does not shy away from controversy, is consistent with his recommendations: Encouraging people to vote is a bad idea, he says. "Those who abstain from voting are, on average, less educated and less informed. If all of those people voted, the average voter would be even more ignorant of economic matters." Politicians would adjust their electoral platforms to cater to those voters, proposing even worse policies. "If you think politicians currently aim for the lowest common denominator among voters, you ain't seen nothing yet. That denominator can get even lower!"

Voting is a civic duty, they say. But for some, could the opposite be true?

"Among other things, people tend to underestimate the advantages of market mechanisms, or the benefits of immigration and free trade."

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute.

Market moment

TSX	Natural gas 1,000 cu ft	Dollar	Oil
– 3.16 (12,564.09)	$3.781 (– 1.8¢) Gold contracts $1,342.50 (+ $19.90)	+ 0.69¢ (97.90¢ US)	+ 24¢ US ($82.18 US)

Chocolate. Art

▶ Luc Dorin, a chocolate maker from Bordeaux, France, poses with his chocolate sculpture at the Chocolate Fairin Paris, Thursday.

REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Making an edible masterpiece

It took Luc Dorin three months and 31 kilograms of chocolate to make his sculpture. Dorin is taking part in the World Chocolate Masters series in Paris.

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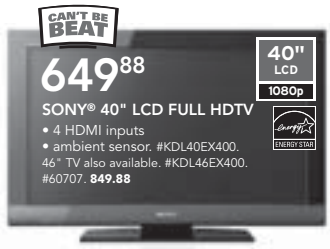

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▶ Melissa D'Souza

5 MINUTES WITH: MELISSA D'SOUZA

Melissa D'Souza is a local artist who wrote the song Rise Up Calgary.

Tell me a little bit about the song Rise Up Calgary and what the lyrics mean to you?
Rise Up Calgary is a song about waking up consciously. You realize that you have inner truth and inner strength and you don't have to accept things as they are. Once we awaken to this truth we realize we can choose our destiny, therefore we can create change in our lives. That's what rising up means to me. It's about finding your power, following your passion and engaging others to make the world a better place.

What inspired you to write this song?
Well, hearing the statistic that only 33 per cent of Calgarians voted in the previous election and less before that was pretty staggering. It didn't make sense that Calgarians who had so much pride in their city didn't feel engaged enough to vote in their own election. Calgary needed to be reminded that they have an opportunity to create change and hold the power to do so. Everyone has great ideas, but no one can hear you if you don't raise your voice. I wrote Rise Up to wake people up and re-engage people.

Seeing how the election played out, do you think Calgarians rose up and became engaged?
Wow, how many ways can I say yes! I am so proud of our city and the results of our election. Calgary didn't just want a change this time, they voted for change. That is the most inspiring part of this year's election. I think Calgary is revitalized with the knowledge that real change was possible. It created headlines all over this country. My hope is that our city remains engaged throughout our council's term. Our work isn't over; it's just the beginning.

You recently performed at city hall during the swearing-in ceremony, tell me about that performance.
Standing on the steps of city hall, singing my heart out with our new mayor, city council and city community watching was truly incredible. I have to say I wasn't so much nervous as I was focused on making sure the performance touched everyone in the audience. I just can't thank Mayor Nenshi enough for his support.

KATIE TURNER

Cartoon

MICHAEL DE ADDER

Comments not funny

Letters & Tweets

Re: What do you do when joke's on you? (Oct 28)

TORONTO. The article by Mr. Mazerolle contains some significantly offensive remarks. In particular, he likens feelings, when he failed to succeed as a standup comic, to "something akin to a kid who drops his ice cream combined with those Palestinian women you see mourning on television."

This remark is offensive on many levels, but in particular it is demeaning and dismissive of women suffering the loss of loved ones during a war. The referral to the "Palestinian women" in this context implies that they, and their grief, are somehow lesser, and mocks their reactions to their losses. I doubt Mr. Mazerolle would have made a similar reference to mourning Canadian women. His use of the grief of these women in this context serves to dehumanize them and is certainly not funny.

The use of the reference to the Palestinian women in conjunction with a dropped ice cream cone is a further degradation to the plight of these women, which should be considered separately from their context in the political arena in the Middle East. **MALERIE ROSE**

Re: Clampdown useless: EU (Oct. 28)

TORONTO. Thank you for picking up this news item and reporting on the growing support for calling out the U.S. Transportation Security Administration (TSA) on this theatre it calls airport security.

Those of us who travel frequently have been trying to educate the general public on the redundant and invasive measures that our governments are placing on us in the name of "anything for security." Should we have to be scanned naked to get on a plane when airports don't scan the Canadian Air Transport Security Authority/U.S. TSA workers, don't scan all checked baggage, don't scan all baggage handlers, don't scan all ground crew? **S. FLINT**

We asked: What's your favourite Halloween costume?

@ari_ospeedwagon Anton Chigurh (Javier Bardem) in No Country For Old Men and ShamWoW Guy (Vince Shlomi) after his arrest in Miami. I in fact borrowed an American quarter from a colleague. It's all in the details, friendo ...

@willsamuel when I was a kid, my dad and I made an Optimus Prime transformers uniform out of cardboard, foil and paint. It was totally cool
@allysandria0 Audrey Hepburn! for best costume. easy, simple, and not trashy!
@samogrady I was once a Christmas tree, layers of green tafida sewn to a bodysuit. I even had battery packs for my over 100 lights!
@jenochej giant Rubik's cube!

Whose shoes would you like to fill?

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Metro Minute at Career Show

If you're in the market for a job and you have a few minutes to spare this weekend, head over to the BMO Centre at Stampede Park for the Career Show.

For those seeking career advice, the show runs Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 4 p.m.

Industry associations, sector councils and companies will be on hand to prepare you for your career choice.

Bring down your resumé as well to be critiqued.

General admission is $5 but students with a valid ID will get in for free.

The Career Show is accessible for persons with disabilities.

KATIE TURNER

Three days to play

WHAT'S THE BEST HALLOWEEN COSTUME YOU'VE WORN?

Nadia Kovac
I never went trick-or-treating. I liked to stay at home with my parents and see all the kids come to our house. Besides, that's where all the candy was. Why go out and beg when there's tons of candy at home?

Danny Bansavatar
Ten years ago I had a homemade Dracula costume. It was an old suit with a vest and a gold chain. I had my hair slicked back with mousse and painted my face white. I went to a costume party and won third prize.

James Franco takes on the real-life survival story of Aron Ralston in 127 Hours
Actor underwent big weight loss to mimic what happened to Ralston during his five days of having his arm trapped under a boulder
Video diary helped Franco prepare for role

DARREN CALABRESE/THE CANADIAN PRESS

▶ James Franco plays Aron Ralston in 127 Hours.

Learning how to survive

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Playing a hiker with his arm pinned under a boulder for five days brought its own set of challenges for James Franco, who stars as Aron Ralston in Danny Boyle's true-life 127 Hours. The first thing he had to worry about, though, was his waistline.

"He told me I should go on a diet," Franco says of his first meeting with the director. "First of all, Aron was in great shape, but also he lost 40 pounds while he was there, from water deprivation mostly."

Of course, recreated a rapid weight loss during the film's production wasn't feasible, so Franco shed as much weight as he could before filming, then relied on some helpful tools to bulk back up when needed.

"We actually even built this prosthetic that we ended up unfortunately calling 'the plumper,'" he says. "It was just this mouthpiece that would plump my cheeks out for the early parts of the film, and then as he started deteriorating we could use smaller and smaller versions until we didn't use any."

One useful tool for capturing Ralston's ordeal was the extensive video diary he kept.

"When we watched the real videos, one of the more powerful things about them is how simple it was and how direct and connected it was," Franco remembers.

"Some of the video messages are verbatim what he actually said," Franco says.

However, as an actor, he wasn't interested in just regurgitating Ralston's words.

"Our whole kind of approach — not just for the video messages but in general — was that we would honour Aron's story and we would do everything that he did, but also we wanted to kind of have our own approach to the story," he explains.

"And so with the video messages, they were scripted, but I felt like Danny gave me the freedom to be just a little loose with the words. But every once in a while there'd be a line in there and I'd say to myself, 'I just won't say that because it's kind of stupid.' And then Danny would come to me and say, 'Well, actually, for whatever reason, Aron is insistent that you say those two words.'"

127 Hours not typical acting role for Franco

James Franco is the first to admit 127 Hours isn't your typical film, since it wasn't his typical acting job, either.

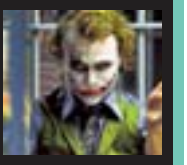
"There were a lot of things that were unusual," he says. "I mean, you don't usually spend most movies with an armed pinned behind a boulder. But then you also don't spend most movies alone or without other actors. So all of that took adjusting."

Franco has been making a lot of adjustments lately, choosing career moves that have surprised onlookers — including his recent stint on General Hospital and his return to school. But he claims he's not in a "why not?" phase of his career.

NED EHRBAR

2 scene

Scene in brief



The next Batman sequel has a title: The Dark Knight Rises.

Distributor Warner Bros. confirmed the name for director Christopher Nolan's third adventure about the DC Comics vigilante hero, which follows Batman Begins in 2005 and The Dark Knight in 2008.

The Dark Knight Rises" is due in theatres July 20, 2012.

Bucking Hollywood's current wave of 3-D movies, Nolan is not planning to shoot the film in 3-D.

THE ASSOCIATED PRESS

Garth Brooks, Trisha Yearwood to hold Nashville benefit concert for flood relief in December

Movie review See it twice | See it now | Worth watching | Yawn | Don't bother

A Millenium let down

The Girl Who Kicked The Hornets Nest
Genre: Drama
Director: Daniel Alfredson
Stars: Noomi Rapace, Michael Nyqvist, Lena Endre

The cinematic adaptation of Stieg Larsson's Millennium Trilogy kicked off with a bang thanks to The Girl With The Dragon Tattoo, which was excellent. Sadly, it ends on a whimper with this disappointing movie.

While the first film offered delightfully trashy sex-fueled intrigue, the sequels have gone for an irritating mix of ill-conceived action movie theatrics and endless exposition. This 2.5 hour conclusion is primarily dedicated to characters explaining the plot of the previous two movies and somehow the story arc of the series still doesn't quite make sense – and that's a difficult feat.

Lead actors Noomi Rapace and Michael Nyqvist are still compelling screen presences portraying intriguing characters, but even they are drowned out by all the exposition. The actors seem bored by the material this time and understandably so; audiences will likely feel the same way.

PHIL BROWN

Good acting not enough

Conviction
Genre: Drama
Director: Tony Goldwyn
Stars: Hilary Swank, Sam Rockwell

You cannot deny that Conviction is a compelling tale. Based on the true story of Betty Anne Waters, a Massachusetts woman who believed so strongly her incarcerated brother was innocent of murder, she became a lawyer with the sole purpose of freeing the sibling.

That's pretty impressive. Beyond their performances though, Conviction rarely rises above the level of an impressive Law & Order episode.

STEVE GOW

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Funny man Ferrell gets animated

Former SNL star takes on role of an inept evildoer Actor enjoyed freedom he had with character

STEVE GOW
SCENE@METRONEWS.CA

Will Ferrell is such a humble guy that when he's asked what it's like to lead a big animated comedy like Megamind, the affable actor quickly diverts the attention.

"I don't really consider myself front and centre of this fine cast," said Ferrell before noticing a giant banner over his shoulder clearly focusing on the titular character. "So I guess I am front and centre."

Indeed he is. Ferrell is the voice of Megamind, a blue-skinned supervillain that suddenly defeats his nemesis and finds himself in the unlikely role of public defender.

It may be his second animated feature (after Curious George), but the movie does mark a first for the funnyman.

"It's the first time (my kids) have commented on something I've been in," laughed Ferrell admitting his children didn't necessarily affect his choice in the role.

"This was just kind of a decision based pretty much on wanting to try and do another animated movie and getting the chance to work with (director) Tom (McGrath) so my children were not consulted — nor are they ever consulted about anything. It's a very strict household."

Kidding aside, its obvious Ferrell had fun conjuring up the voice of an inept big-headed evildoer that hilariously mispronounces words like "school" — the result of much improvisation in the recording studio.

"There is a great amount of freedom in terms of getting to come up with stuff on the spot," said Ferrell, who has considerable respect for the art. "What's lost on the project is how hard it is to articulate any emotional gearshift just with your voice. Playing the comedy is one thing but I think there's a real skill for any of these actors that can effectively do that consistently."

▶ Megamind (Will Ferrell, left) and Minion (David Cross, right) star in the new animated film Megamind.

Always a Joker

We hope. "I have a lot of tight leather pants in a vault," said Will Ferrell when asked what traits he shares with supervillain Megamind. "I don't wear them. I just keep them there and there is a part of my body — that I can't go into detail on — that is blue."

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Eat Pray Love (PG) Fri-Thu 12:55-3:50-8
The Expendables (STC) Fri-Thu 9:45
The Girl Who Played With Fire (18A) Fri-Thu 9:40
The Godchild (STC) Sat 10
The Last Exorcism (14A) Fri-Thu 9:20
Nanny McPhee Returns (G) Fri-Thu 1-3:35-6:50
The Other Guys (PG) Fri-Thu 12:50-4:05-7:30-10:05
Salt (14A) Fri-Thu 1:20-3:40-7:25-10
Scott Pilgrim vs. the World (PG) Fri-Thu 1:15-4:10-7:05
Shrek Forever After (PG) Fri-Thu 1:25-4:10-7:20
The Switch (PG) Fri-Thu 1:05-3:25-7:10-9:50
Toy Story 3 (G) Fri-Thu 1:30-4:15-7

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

Alpha and Omega (G) Fri-Thu 1:10-3:55
Conviction (14A) Fri-Tue 1:15-3:40-6:55-9:35 Wed 3:40-6:55-9:35 Thu 1:15-3:40-6:55-9:35 Star & Strollers Screening Wed 1
Hereafter (PG) Fri-Tue 12:55-3:45-7:15-10:15 Wed 3:45-7:15-10:15 Thu 12:55-3:45-7:15-10:15 Star & Strollers Screening Wed 1
Jackass 3D (R) Fri-Thu 1:10-4-7:40-10:30
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Fri-Sat 1:50-4:40-7:35 Sun 4:40-7:35 Mon-Thu 1:50-4:40-7:35
Life as We Know It (PG) Fri-Thu 1:30-4:10-7:35-10:25
Paranormal Activity 2 (14A) Fri-Thu 1:45-4:20-7:15-9:40
Psycho (STC) Sun 1
Red (14A) Fri-Thu 1:40-4:35-7:25-10:10
Saw 3D (R) Fri-Thu 1:20-3:30-7:25-10-10:30
Score: A Hockey Musical (PG) Fri-Thu 7-9:30
Secretariat (G) Fri-Thu 1:05-4:15-7:10-9:55
The Social Network (PG) Fri-Thu 1:25-4:25-7:35-10:20
The Town (14A) Fri-Thu 1:15-4:20-7:05-10:05

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

Conviction (14A) Fri 7:15-10 Sat-Sun 12:30-3:40-7:15-10 Mon 7-9:50 Tue 7:15-10 Wed-Thu 7-9:50
Hereafter (PG) Fri 6:30-9:30 Sat-Sun 12-3:10-6:30-9:30 Mon 6:30-9:40 Tue 6:30-9:30 Wed-Thu 6:30-9:40
Jackass 3D (R) Fri 7:45-10:20 Sat-Sun 12:50-4-7:45-10:20 Mon 7:20-10 Tue 7:45-10:20 Wed-Thu 7:20-10
Red (14A) Fri 7-9:50 Sat-Sun 12:20-3:30-7-9:50 Mon 7:10-9:55 Tue 7-9:50 Wed-Thu 7:10-9:55
The Social Network (PG) Fri 6:45-9:40 Sat-Sun 12:10-3:20-6:45-9:40 Mon 6:40-9:45 Tue 6:45-9:40 Wed-Thu 6:40-9:45
You Will Meet a Tall Dark Stranger (14A) Fri 7:30-10:10 Sat-Sun 12:40-3:50-7:30-10:10 Mon 6:50-9:35 Tue 7:30-10:10 Wed-Thu 6:50-9:35

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

Alpha and Omega (G) SR Dolby Digital, Stadium Seating Fri-Sun 12:35-3-7:05 SR Dolby Digital, Stadium Seating Mon-Thu 1-3:15-7:05
Easy A (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:15-6:50-9:20
Hereafter (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:40-4-6:50-9:50 SR Dolby Digital, Stadium Seating Mon-Thu 4-6:50-9:50
Jackass 3D (R) SR Dolby Digital, Stadium Seating Fri-Sun 1:10-1:40-3:40-4:10-7:10-7:40-9:40-10:10 SR Dolby Digital, Stadium Seating Mon-Thu 1:40-3:40-4:10-7:10-7:40-9:40-10:10
Legend of the Guardians: The Owls of Ga'Hoole (PG) SR Dolby Digital, Stadium Seating Fri-Sun 1:15-3:50-6:35 Mon-Thu 1:15-3:50-6:35
Life as We Know It (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:50-3:30-6:40-9:30 SR Dolby Digital, Stadium Seating Mon-Thu 1:20-4-6:40-9:30
Paranormal Activity 2 (14A) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 1:15-1:45-3:35-4:20-6:55-7:25-9:45-10:15 SR Dolby Digital, Stadium Seating Mon-Thu 1:45-3:35-4:20-6:55-7:25-9:45-10:15
Red (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:05-3:45-7:20-10:05
Saw 3D (R) SR Dolby Digital, Stadium Seating Fri-Sun 1:30-2-4:05-4:35-7:20-7:50-9:45-10:15 SR Dolby Digital, Stadium Seating Mon-Thu 2-4:05-4:35-7:20-7:50-9:45-10:15
Score: A Hockey Musical (PG) SR Dolby Digital, Stadium Seating Fri-Thu 9:20
Secretariat (G) SR Dolby Digital, Stadium Seating Fri-Thu 1:3:55-6:45-9:35
The Social Network (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:30-3:20-7:15-10:05 SR Dolby Digital, Stadium Seating Mon-Thu 3:20-7:15-10:05
The Town (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4:10-7:10-10
Wall Street: Money Never Sleeps (PG) SR Dolby Digital, Stadium Seating Fri-Thu 9:25
You Again (G) SR Dolby Digital, Stadium Seating Fri-Sun 12:50-3:50-7-9:40 SR Dolby Digital, Stadium Seating Mon-Thu 1:10-3:50-7-9:40

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Easy A (14A) SR Dolby Digital, Stadium Seating Fri-Thu 9:20
Hereafter (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:15-3:30-6:50-9:55
Jackass 3D (R) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4-7:20-9:50
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Stadium Seating, SR Dolby Digital Fri-Thu 1-3:50
Life as We Know It (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:45-3:40-6:40-9:30
Paranormal Activity 2 (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:45-4:30-7:30-10
Red (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:20-4:20-7:15-10:10
Saw 3D (R) SR Dolby Digital, Stadium Seating Fri-Thu 2-4:45-7:7:45-9:45-10:20
Secretariat (G) SR Dolby Digital, Stadium Seating Fri-Thu 12-3:15-6:45-9:40
The Social Network (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4:10-7:10-10:15
The Town (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:20-6:30

GLOBE CINEMA
617-8 Avenue, 403-262-3308

Never Let Me Go (14A) Fri 7:10-9:15 Sat-Sun 1:10-3:15-7:10-9:15 Mon-Thu 7:10-9:15
Nowhere Boy (14A) Fri 7-9:10 Sat-Sun 1-3:10-7-9:10 Mon-Thu 7-9:10

MOVIEDOME
1039 999 36 St. N.E., 403-248-2000

The American (14A) Fri-Thu 1:10-3:45-7:05-9:50
Despicable Me (G) Fri-Thu 12:55-4-6:40
Devil (14A) Fri-Thu 1:20-4:15-7:15-10:05
Eat Pray Love (PG) Fri-Thu 12:45-4:10-8
Jhootha Hi Sahi (PG) Fri-Thu 9
The Last Exorcism (14A) Fri-Thu 1:15-4:05-7:10-10
Nanny McPhee Returns (G) Fri-Thu 1-3:50
The Other Guys (PG) Fri-Thu 6:55-9:40
Resident Evil: Afterlife (18A) Fri-Thu 1:05-3:55-6:45-9:45
Salt (14A) Fri-Thu 9:55
Scott Pilgrim vs. the World (PG) Fri-Thu 12:50-3:40-6:50-9:35
Toy Story 3 (G) Fri-Thu 12:45-3:35-7

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

Easy A (14A) Fri-Thu 1-4:10-7-9:50
The Girl Who Kicked the Hornet's Nest (14A) Fri-Thu 12-3:05-6:45-10
Hereafter (PG) Fri-Thu 12:20-3:20-7:10-10
Hubble 3D (STC) Fri-Thu 12:30-1:50-3:10-4:50-5:50-7:10
Inception (PG) Fri-Thu 12-3:15-6:45-10
Inception: The IMAX Experience (PG) Fri-Thu 9
Jackass 3D (R) Fri-Tue 12:05-2:30-5-7:30-10-10:20 Wed 12:45-4-7:30-10-10:20 Thu 12:05-2:30-5-7:30-10-10:20
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Fri-Sat 12:40-3:30-7:05 Sun 3:30-7:05 Mon-Tue 12:40-3:30-7:05 Wed 12:40-3:30 Thu 12:40-3:30-7:05
Life as We Know It (PG) Fri-Thu 1:15-4:15-7:20-10:20
Paranormal Activity 2 (14A) Fri-Thu 12:45-3:05-5:20-8-10:30 Fri-Thu 12-2:15-4:40-7:20-9:55
Psycho (STC) Sun 1
Red (14A) Fri-Wed 1:20-4:20-6:55-7:25-9:50-10:25 Thu 4:20-6:55-7:25-9:50-10:25 Star & Strollers Screening Thu 1
Saw 3D (R) Fri-Thu 12:15-12:50-2:35-3:10-4:50-5:25-7:15-7:45-9:45-10:30
Score: A Hockey Musical (PG) Fri-Wed 1:10-3:45 Thu 3:45 Star & Strollers Screening Thu 1
Secretariat (G) Fri-Thu 12:25-3:25-6:55-10:05
The Social Network (PG) Fri-Thu 1:05-4:05-7:05-10:05
The Town (14A) Fri-Thu 12:30-4-7:15-10:15

PLAZA THEATRE
1133 Kensington Rd. N.W., 403-283-3636

Amadeus (STC) Tue 7
Best Worst Movie (14A) Fri 7:15 Sat 1
Ghostbusters (STC) Sun 1 Mon 9:35
Giraf Animation Film Festival (STC) Thu 7-9
Ikiru (STC) Mon 7
Monty Python and the Holy Grail (14A) Sun 7 Tue 9:35
Rock Climbing Film Fest (STC) Sat 7
The Rocky Horror Picture Show (14A) Fri-Sat 11:30 Sun 9:30
The Shining (14A) Wed 9:30
The Switchblade Sisters (STC) Fri 5:15 Sat 9:15
Troll 2 (14A) Fri 9 Sat 2:45
Waking Sleeping Beauty (STC) Wed 7
Young Frankenstein (STC) Sun 3:30

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

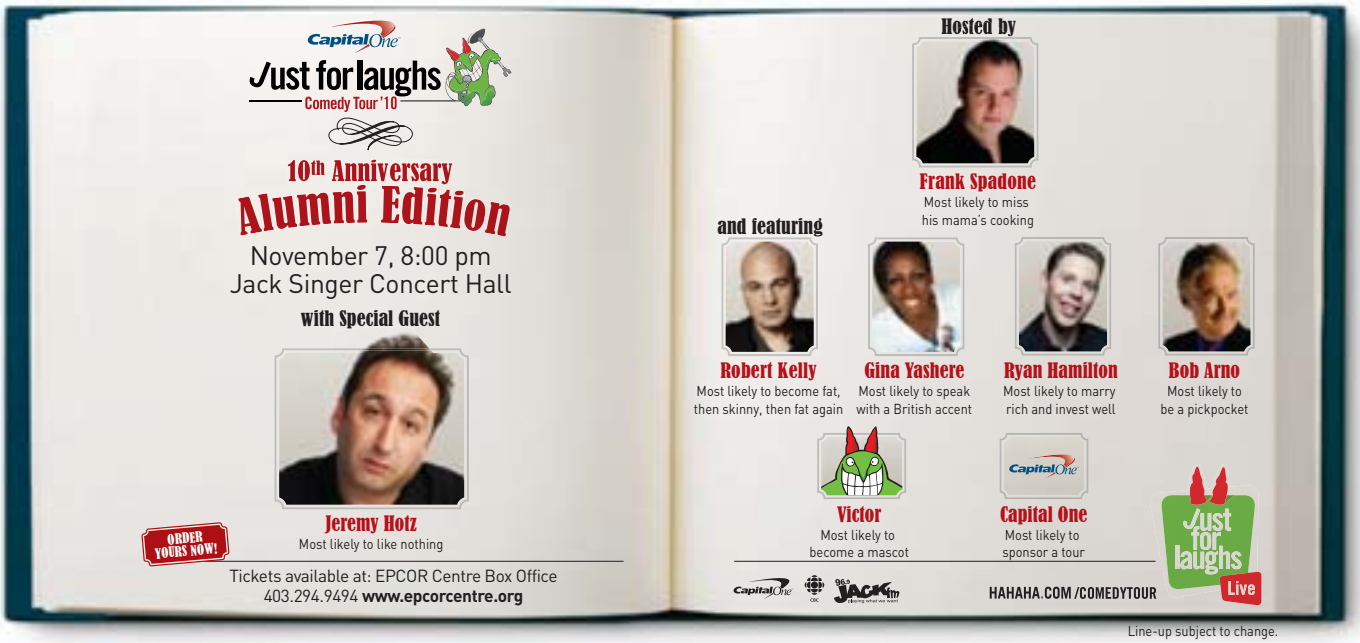
Easy A (14A) Fri 6:35-9:15 Sat-Thu 1-3:40-6:35-9:15
Hereafter (PG) Fri-Thu 12:40-3:50-7:10-10:15
I Do (PG) Fri-Thu 12:15-4:05-7:35
Jackass 3D (R) Fri-Thu 12:30-3:15-7:30-9:30-10:10
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Fri-Thu 12:05-2:45-6:45
Life as We Know It (PG) Fri-Tue 1:05-4:10-7:25-10:25 Wed 4:10-7:25-10:25 Thu 1:05-4:10-7:25-10:25 Star & Strollers Screening Wed 1
Paranormal Activity 2 (14A) Fri 7-9:45 Sat-Thu 12:50-3:35-7-9:45
Red (14A) Fri-Thu 12:20-12:55-3:10-3:55-6:40-7:20-9:40-10:20
Saw 3D (R) Fri-Thu 1-3:40-6:55-7:15-9:35-10
Score: A Hockey Musical (PG) Fri-Thu 12:35-3:20
Secretariat (G) Fri-Tue 12:10-3:25-6:50-9:55 Wed 3:50-6:50-9:55 Thu 12:10-3:25-6:50-9:55 Star & Strollers Screening Wed 1
The Social Network (PG) Fri-Thu 12:25-3:30-6:55-9:50
The Town (14A) Fri-Thu 12:45-4-7:05-10:05

THE UPTOWN STAGE & SCREEN
612 8th Ave. S.W., 403-265-0120

Catfish (PG) Fri 4:40 Sat 12:40 Sun 12:40-4:40 Mon-Thu 4:40
Fubar 2 (18A) Fri 7-9 Sat 3 Sun 3-7-9 Mon-Thu 7-9
It's Kind of a Funny Story (PG) Fri 6:50-8:50 Sat 2:30 Sun 2:30-6:50-8:50 Mon-Thu 6:50-8:50
Score: A Hockey Musical (PG) Fri 4:50 Sat 12:30 Sun 12:30-4:50 Mon-Thu 4:50

WESTHILLS 10
165 Stewart Green, 403-246-5291

The Girl Who Kicked the Hornet's Nest (14A) Fri-Sat 2:30-7-10:20 Sun 1:55-6:30-10:20 Mon-Thu 5:05-8:10
Hereafter (PG) Fri-Sun 12:40-3:35-7-10 Mon-Thu 5:15-8
Jackass 3D (R) Fri-Sun 1:50-4:30-7:40-10:20 Mon-Thu 6:30-9
Life as We Know It (PG) Fri-Sun 1:20-4:05-7:10-9:50 Mon-Thu 6-8:30
Paranormal Activity 2 (14A) Fri-Sun 1:35-4:20-7:05-9:25 Mon-Thu 6:10-8:45
Red (14A) Fri-Sun 1:25-4:10-7:15-10:05 Mon-Thu 6:20-8:50
Saw 3D (R) Fri-Sun 12:55-3:15-7:55-10:30 Mon-Thu 5:20-7:35
Secretariat (G) Fri-Sun 12:50-3:40-6:50-9:40 Mon-Thu 5:10-7:50
The Social Network (PG) Fri-Sun 1:05-3:50-7:30-10:15 Mon-Thu 5:05-7:45
The Town (14A) Fri-Sun 12:35-3:25-6:40-9:30 Mon-Thu 5:50-8:35



Line-up subject to change.

TRICK-OR-TREAT TUNES FOR YOU

Sound Check

ALAN CROSS
SCENE@METRONEWS.CA

This weekend will be frantic with Halloween parties. But what to include on the playlist? Here's what I think is an essential list that DOESN'T include clichés like Thriller, Ghostbusters and The Monster Mash.

Alien Sex Fiend/Now I'm Feeling Zombified
Born in the Batcave (a London club that served as the original crypt for the British Goth scene), ASF featured Nik Fiend on vocals. He used to work the cloakroom and given the nature of the clientele, I'm sure he handled many actual cloaks.

Bauhaus/Bela Lugosi's Dead
Bauhaus' first single—a sprawling nine-and-a-half minute echo-drenched monster — came out in August 1979. Point of trivia: the artwork for the original single is a still from The Cabinet of Dr. Caligari, a horror film from 1920.

Nick Cave and the Bad Seeds/Red Right Hand
Nick scooped the title Milton's Paradise Lost and turned it into the story of a serial killer from the ghetto.

Legend has it this song inspired the entire vibe of the soundtrack from the first X-Files movie.

The Birthday Party/Release the Bats
Before Nick moved to England, he fronted the Birthday Party, one of Goth's first wave of groups. One listen and you'll be swatting imaginary bats away from your head all night.

Roky Erickson/Burn the Flames
A vampire sits at a piano exhorting the eternal flames to burn higher. Used in Return of the Living Dead.

Oingo Boingo/Dead Man's Party
The title track of OB's fourth album back in 1985. The video featuring dancing skeletons became indelibly connected to the band for the rest of their career. Interesting fact: Oingo Boingo leader Danny Elfman now composes for movies and television. He wrote the theme for The Simpsons.

Mike Oldfield/Tubular Bells
When director William Friedkin was looking for something supernaturally scary to serve as the theme for The Exorcist, he found it in the opening sequence of a just-released one-man-opus called Tubular Bells by Englishman Mike Oldfield.

The entire piece is almost 26 minutes long, but all you really need is the first four minutes.

The Von Drats/Phantom Chop
Group from Dratsylvannia (at least that's what they told me) temporarily living in Toronto until the villagers give up and go home with their pitchforks. They learned everything they needed to know about music from the theme song of The Munsters. Strats and Fender amps with the tremolo set on "kill."

Oh baby! Carey confirms

APRIL L. BROWN/THE ASSOCIATED PRESS

▶ Mariah Carey

Mariah Carey is going to have to add lullabies to her repertoire.

The superstar singer confirmed on NBC's Today show Thursday that she and husband Nick Cannon are expecting their first child. Carey says the baby is due in the spring.

Carey had declined to discuss her pregnancy, the subject of rampant speculation for months, until now.

"Yes, we are pregnant, it's true," she said in an interview with Access Hollywood's Billy Bush that was shown on Today.

"It's been a long journey, but it's been tough because I've been trying to ... hold on to a shred of privacy, and that was not easy."

Carey, 40, and Cannon, 30, have been the subject of a baby watch since they got married after a whirlwind romance two years ago.

They laughed off the rumours when they occurred soon after their wedding.

"We thought it was fun, because they kept saying, 'Oh she's pregnant.' Yeah, whatever. So we took the test and it was positive," she said.

But Carey had a miscarriage soon afterward.

"It was really sad, so we really had to absorb this and take it in," she said.

Cannon hailed his wife's strength for being able to laugh in front of the cameras, but later, "crying herself to sleep."

Bush said that Carey told him the baby was conceived naturally, and that the couple does not know the sex of the baby.

Besides a baby on the way, Carey also has a new album: her second holiday CD, Merry Christmas II You.

7th heaven

JAMES FRANCO

BOOK
Movie star, actor, artist, grad student, and now, author. James Franco has released his debut novel, Palo Alto, a collection of short stories about teens who drink, get high and shoot guns. Highlights of the collection include Emily, about a girl who can't get a date for the high school dance, and Killing Animals, about boys who go shooting with a BB gun.

SUBMITTED

▶ James Franco's new book Palo Alto

THE PACIFIC

DVD
Tom Hanks, Steven Speilberg and Gary Goetzman's ambitious and much lauded mini series about the Second World War is available Tuesday on DVD. If you missed it's HBO run, the series is about the real life journeys of three U.S. marines during the conflict in the Pacific.

DEAD SET

SUBMITTED

▶ TV series Dead Set

TV
Planning to spend Halloween night inside, lights turned off and avoiding any trick-or-treaters? We've got the TV event for you. Space is showing a mini-marathon of the five-part British TV series about zombies, Dead Set.

SUBMITTED

▶ Toy Story 3

TOY STORY 3

DVD
Woody, Buzz Lightyear and Jessie dominated the box office earlier this year, and now they are ready to take over your DVD or Blu-ray. The new installment will hit shelves, Tuesday.

HOW-TO

BOOK
Are you in a cooking conundrum? The fine folks at Fine Cooking magazine — and their readers — have come up with How To Squeeze a Lemon: 1,023 Kitchen Tips, Food Fixes and Handy Techniques to turn you into a domestic diva.

ROBERT DOWNEY JR.
ZACH GALIFIANAKIS
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KATY PERRY

MUSIC
Newlywed singer Katy Perry released her newest song, Firework, last week. The song offers encouragement to anyone being bullied or who feels alone — all with Perry's trademark pop sound. METRO

GETTY IMAGES

▶ Katy Perry

Mix of Six

Cat Show

2010 Cat Show, Oct. 30-Oct. 31, Ogden Legion

Household pets will be put through the ropes in the battle for top cat during this two-day contest. Admission is $5 for adults and $2 for children 12 and under and seniors. Ogden Legion, 2625 78 Avenue S.E. Show Times: 9:00 a.m. to 6:00 p.m.

Ghost Tour

Calgary Ghost Tours 2010, Oct. 2-Oct. 31, Kensington, Downtown, Inglewood

Visit some of Calgary's spooky sites during an evenly of ghostly entertainment. Tours meet in front of the Kensington Pub, from the base of the Calgary tour and in Inglewood, the parking lot at 12th Street and 9th Ave. S.E.

Scream-Fest

ScreamFest '10, Oct. 29-31, Canada Olympic Park

Prepare to be scared at ScreamFest happening all weekend from 7 p.m. to midnight. Tickets are $20. Canada Olympic Park, 88 Canada Olympic Road S.W.

Fright Night

Ghouls Night Out, Oct. 27-Oct. 30, Heritage Park

Take the little ghouls out for a night of frightening fun at Heritage Park this weekend between 6 p.m. and 9 p.m. Kids 13 and over are $10, ages three to 12 are $6, and those under two are free. Heritage Park, 1900 Heritage Dr. S.W.

Dance Party

A "PRE-HALLOWEEN" Masquerade Dance Party, Oct. 29, Fourth and 4th Restaurant

Come down and dance and don't forget to bring mask. The party starts at 8 p.m. and tickets are $10 for those in costume and $15 for people not in Halloween attire. Fourth and 4th Restaurant 503 4th Ave S.W

Theatre

The Rocky Horror Picture Show, Oct. 29- Oct. 31, The Plaza Theatre

All weekend long, a special edition of The Rocky Horror Picture Show with audience participation will be playing. Tickets are $12 and prop kits are $10. Friday and Saturday the show starts at midnight and on Sunday it kicks off at 9:30 p.m. The Plaza Theatre, 1133 Kensington Rd. N.W. METRO

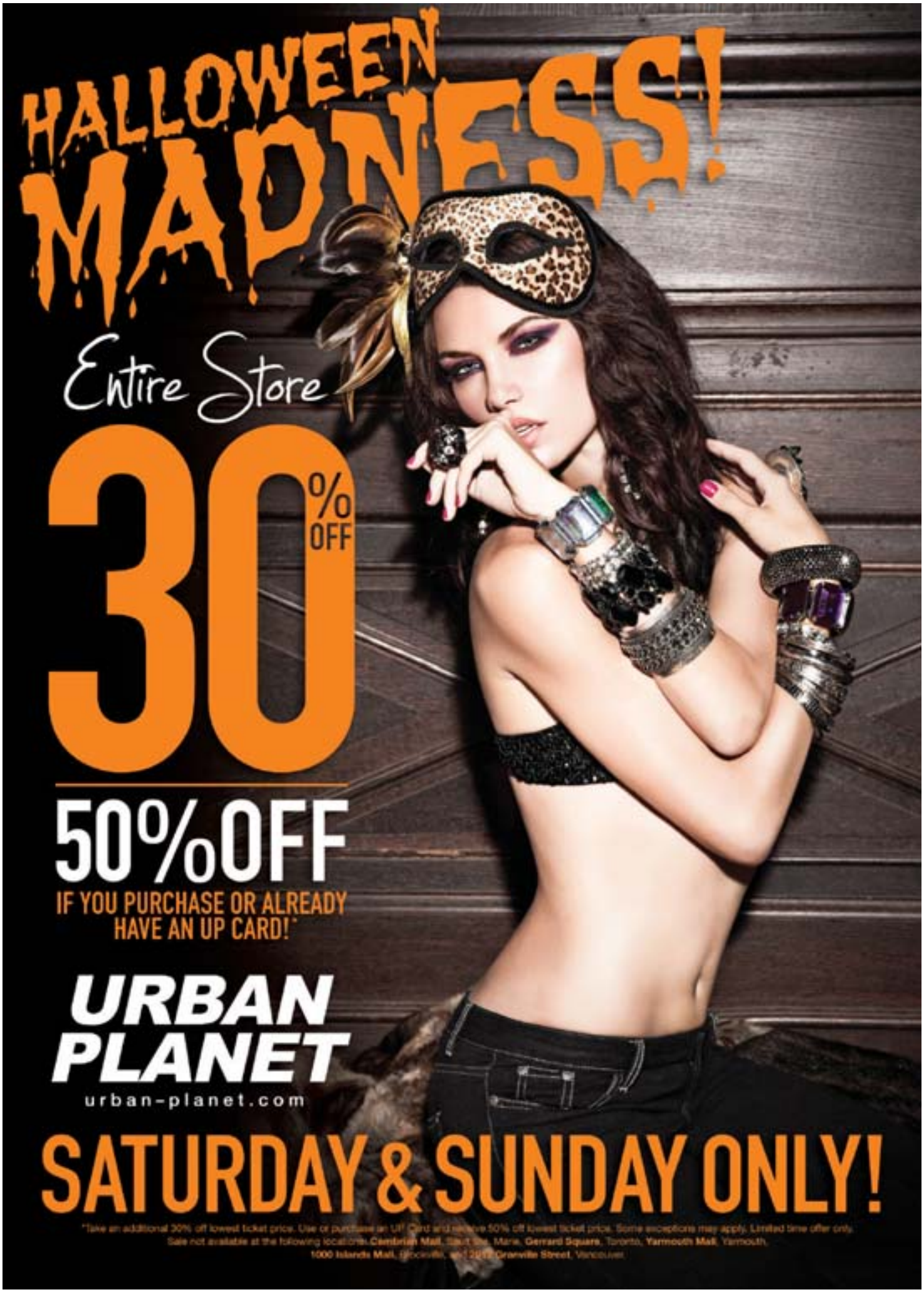
Metro pick

GETTY IMAGES

▶ Madonna

HARD CANDY

POP CULTURE So she is in her 50s, and some people would also argue Madonna looks pretty good for her age. Well, Madge is now branching out into the world of gym memberships and plans to open her own fitness empire, called Hard Candy. The first locale opens in Mexico City in November. METRO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Sale not available at the following locations: Cambrian Mall, Sault Ste. Marie, Gerrard Square, Toronto, Yarmouth Mall, Yarmouth,
1000 Islands Mall, Gananoque, and 2215 Granville Street, Vancouver.

Sarah: Welcome to Wasilla

Sarah Palin's Alaska premiers Nov. 14 It's clear the family is irked writer Joe McGinniss is living next door to write a book on the former governor

Whatever you may think of Sarah Palin, the fact remains that Alaska is magnificent with her as its presenter.

Sarah Palin's Alaska, premiering on TLC on Nov. 14, adds TV host to Palin's crowded resumé, which already includes former governor, former GOP vice-presidential candidate, bestselling author and conservative superstar.

Palin also is a wife, a mother of five and a grandmother, of course, and her new series integrates her home life with Alaska's great outdoors.

Judging from the first of eight episodes, Sarah Palin's Alaska keeps politics out of the picture. Sure, the show is effective in selling the Palin brand, but along the way, Palin throws herself into selling the grandeur of Alaska.

The much-anticipated documentary series, shot last summer, is based at Palin's lakeside home in Wasilla. There, cupcakes are baked and kids do their chores (or hear about it from Palin). Then Palin sets off, with family members in tow, on a jaunt such as salmon fishing on Big River Lake, where, almost within reach at the shoreline, a family of bears keeps them amused.

"Girls, when you cast, don't aim toward the bear," Palin cautions daughter Piper and niece McKinley in their boat.

"Why?" is the automatic comeback. Any parent will instantly relate.

Later in the program, Palin demonstrates mettle (and alarm) as she goes rock-climbing with her husband, Todd, at Denali National Park – and gets stuck midway.

The guide calls down instructions and encouragement, but Palin is stalled.

"I just don't like heights!" she declares. "I was so cocky – I'm being punished for it. I don't know if I can do this!"

It's a remarkable admission from her famously can-do personality, and, as viewers are informed, some 45 minutes pass before she figures out how to continue her ascent. Then she does it.

"That's so much worse than I ever thought it would be!" she says after reaching the summit.

The series is produced by Mark Burnett, whose many credits include Survivor and The Apprentice. In a recent interview with The Associated Press, he marveled at how gung-ho all the Palins were in taking part.

"It would start out with, 'We're gonna have Sarah and Todd do something,'" Burnett said. "And as she's getting ready, she would say, 'Piper, you want to come? Willow, you want to come?' Take the politics away, and this is a family, and they hang out a lot together."

Befitting the travelogue quality of the show, it boasts eye-popping scenes across the state's vastness (roughly twice the size of Texas). THE ASSOCIATED PRESS

▶ Alaska Gov. Sarah Palin is shown in a scene from the reality series Sarah Palin's Alaska.

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GILLES MINGASSON/THE ASSOCIATED PRESS

TV Picks

Hoarding and dream satire

South Park skewers one of the big reality trends du jour, hoarding, and one of the year's biggest movies, Inception. The episode, titled Insheeption, sees Stan confronting his hoarding issues – while his dad finds himself trapped in a dreamland. (Friday, Comedy Network)

THE CANADIAN PRESS

United, we can change the world

We Day 2010 is a two-hour special recapping two youth-empowerment events staged recently in Toronto and Vancouver. Catch speakers and entertainers such as Al Gore, Barenaked Ladies and more. (Saturday, CTV) **THE CANADIAN PRESS**

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Has Timberlake been cheating?

His rep says no, but a source says he and Jessica Biel are history

Justin Timberlake reportedly cheated on Jessica Biel with The Daily Show correspondent Olivia Munn after convincing Munn his relationship with Biel was actually over, sources tell Us Weekly. Munn had reportedly spurned his advances, but Timberlake "has been telling people it's over with Jessica, even though the reality is he's just doing it behind her back," the source says, adding that he was convincing enough for Munn to invite him back to her hotel room, where "they were openly affectionate." Timberlake's rep denies the story

METRO

▶ Jessica Biel and Justin Timberlake

Talking points

On-set romance ends

IT'S OVER. Gossip Girl costars Blake Lively and Penn Badgley have reportedly called off their off-screen romance, sources tell Us Weekly, but it hasn't caused any waves on set yet.

"They're professionals," a source says. "They're still good friends and hang out on the set. They kept this news to themselves for a while."

Those close to the former couple were shocked by the news. "Nobody on set had any idea. They're really just private," the source adds. METRO

Golf is good therapy

ZEN. While husband Michael Douglas has continued his battle with throat cancer, Catherine Zeta-Jones reported that things are "business as usual" as she attended a golf event in China, according to Yahoo News.

"There's nothing better than just having nothing else to focus on than a still white ball, and nobody's looking," she said. "I find it very therapeutic, and even if you can't hit the ball that particular day, there's a privacy and a kind of zen quality to golf that I love."

METRO

Celebrity tweets

Jackie Collins [@jackiecollins]

Charlie Sheens gotta relax!!

Kellan Lutz [@kellanlutz]

The BEST and MOST BEAUTIFUL things in the world cannot be seen or even touched – they must be felt with the HEART.

Sylvster Stallone [@TheSlyStallone] Wanna be a winner? I Approach ~~want you~~ want in this life like a poker game – Play the odds but be willing to let it all ride no matter what.

Wilmer Valderrama [@Willy Ville]

Failure is just a miscalculated attempt...

Costume fit for a Hollywood princess

Tom Cruise and Katie Holmes want only the best for their daughter Suri Cruise, and that goes for her Halloween costume, too. The proud parents spent approximately $6,000 on a princess costume featuring a tulle skirt and pearl embroidery for the fashion-conscious 4-year-old, according to In Touch. "Suri already has her fairy-princess gown and will be wearing diamonds with her costume," a source says. METRO

▶ Suri Cruise

Jackson evidence must be tested: Attorney says

Attorneys for Dr. Conrad Murray have requested urgent tests on two syringes and an IV bag because the liquid contained in the items is drying up, according to the Associated Press.

The items were found in Michael Jackson's home after his death and are included in evidence in Murray's manslaughter trial.

"It hasn't been done yet. It should have been done a year ago," a defense attorney said, according to court documents, adding that the substances had not been tested because an official at the Los Angeles coroner's office had been on a lengthy vacation at the time.

METRO

Got a big cat? Call Ryan Kwanten

True Blood star Ryan Kwanten says he's the "go to guy" when a production calls for working with panthers, though he has a healthy fear of them.

Real panthers were used in the HBO series, and Kwanten said the hairs on his back stand up when panthers are on the set, but the animals are always chained.

THE ASSOCIATED PRESS

Smith's doctor acquitted, psychiatrist guilty

A jury Thursday convicted Anna Nicole Smith's psychiatrist Khristine Eroshevich and boyfriend Howard K. Stern of conspiracy counts, but acquitted the doctor who prescribed drugs for her of all charges.

The only conviction against Stern was for giving false names and acting by fraud to obtain prescriptions.

Eroshevich was also convicted of unlawfully prescribing Vicodin by fraud.

The jury acquitted defendant Dr. Sandeep Kapoor of all charges.

THE ASSOCIATED PRESS

▶ Anna Nicole Smith

Gemini awards mark 25 years

NOVEMBER 13. Hawaii Five-0's Grace Park, the cast of Rookie Blue, and Olympic ice dancing champs Tessa Virtue and Scott Moir are among the presenters slated for the upcoming Gemini Awards.

The best in Canadian television will be feted at a televised bash hosted by Glee star Cory Monteith in Toronto.

This year marks the 25th anniversary of the Geminis, and organizers are inviting TV fans to choose their favourite Canadian series from the last 25 years.

THE CANADIAN PRESS

Pasta problems? We got you covered

LARRY CROWE/THE ASSOCIATED PRESS

▶ The bow tie shape of farfalle pasta helps carry plenty of sauce as well as the pieces of meat.

How to cook, dress and eat every pasta in every shape

Chances are you know linguine goes with clam sauce and fettuccine loves Alfredo. But which pasta pairs with pesto? Or a hefty carbonara?

"Pasta has evolved over many hundreds of years in Italy and it's taken a long time for them to work out what tastes best," says British chef Jacob Kenedy, co-author with graphic designer Caz Hildebrand of The Geometry of Pasta. Together they are advocates of a simple truth: Pasta and sauce, correctly paired, yield a sublime experience.

They had plenty of material to work with. More than 300 shapes of pasta exist, each with a specific texture and strategy for delivering flavours.

In general, lighter sauces pair well with thin pastas, and oily, punchy sauces go with thicker pastas. Sauce will cling to a rough-textured pasta, such as a ridged penne, Kenedy says, while a smoother one like spaghetti will create a more delicate dish. Short tubes and cup shapes are good for "sauces with bits in them," Kenedy says, such as those with diced meat or vegetables.

"More intricate shapes are quite fun to play with," he says. "It's like when you're a little kid and you put things in your mouth."

This doesn't mean you should fill your cupboard with dozens of different pastas, but at least make room for a few new ideas.

"It's a shame not to feel encouraged to try some of these amazing shapes," says Hildebrand.

Ingredients :

- 250 g (1/2 lb) farfalle pasta
- 75 ml (5 tbsp) heavy cream
- 50 g (1 3/4 oz) prosciutto, sliced into 1-cm (1/2-inch) strips
- Generous 125 ml (1/2 cup) grated Parmesan, plus extra to serve
- 2 egg yolks
- Salt and ground black pepper, to taste

Farfalle With Prosciutto and Cream

Preparation:

1. Bring a large saucepan of salted water to boil. Cook pasta to al dente (still barely firm at the centre) according to package directions.
2. While pasta cooks, combine cream, prosciutto, Parmesan and egg yolks in a large bowl. Season with salt and pepper.
3. Drain farfalle and toss into sauce. Serve with extra cheese. Makes 4 servings.

THE ASSOCIATED PRESS

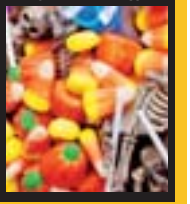
3 life

Halloween

Don't be tricked by unsafe treats

An adult should always inspect the treats that children collect when they go door-to-door on Halloween night, says a reminder posted Monday by Health Canada. "Parents or caregivers are encouraged to remind kids not to accept — and especially not to eat — homemade candy or baked goods."

THE CANADIAN PRESS



Fruit and cottage cheese nutritious and fun topping for fruit salad, cereal. Scan code for news

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Avalanche cool off Flames

Winnick scores game-winning goal late in third period for Colorado

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Flames goalie Henrik Karlsson lets in a goal during second-period action against the Avalanche on Thursday.

Chris Stewart had a hat trick and Daniel Winnick scored the game-winning goal late in the third period as the Colorado Avalanche edged the Calgary Flames 6-5 Thursday.

T.J. Galiardi and Brandon Yip also scored for the Avalanche (5-4-1), who had lost three straight games entering Thursday.

Ryan O'Reilly had three assists, while Paul Stastny and Kyle Cumiskey each set up two goals.

Niklas Hagman, Olli Jokinen and Matt Stajan each had a goal and an assist for the Flames (6-4-0), whose winning streak ended at three games.

COLORADO	CALGARY
6	5

Tim Jackman and Alex Tanguay also scored for Calgary.

With goalie Craig Anderson out of the lineup with a knee injury, Peter Budaj made his second straight start for the Avs and made 14 saves to improve his record to 2-0-1.

Calgary goalie Henrik Karlsson, making his home debut in front of a sellout crowd of 19,289 fans at the Scotiabank Saddledome, stopped 30 of the 36 shots.

The game featured a 10-minute pre-game ceremony to honour Calgary forward Craig Conroy for playing in his 1,000th NHL game. In addition to being presented a framed jersey and a silver stick to commemorate the occasion, Conroy also received a cheque for $25,000, which he promptly donated to charities supporting minor hockey and Alzheimer's research. THE CANADIAN PRESS

Streak over

▶ For the first time this season, Colorado defenceman John-Michael Liles failed to record an assist. Liles has recorded at least one assist in all nine of Colorado's games to set a new NHL record for the longest assist streak by a defenceman to begin a season.

Quoted

"He's a veteran, he's had to deal with this situation before, but it's definitely a challenge for him. We have four games this week and I thought it was time to give Auld a chance."

CANADIENS COACH JACQUES MARTIN ON GIVING GOALIE ALEX AULD HIS FIRST START OF THE SEASON FRIDAY.

Cain dominates; Giants up 2-0

JEFF CHIU/THE ASSOCIATED PRESS

▶ Matt Cain

Matt Cain shut down the Texas Rangers with the type of suffocating pitching that put the San Francisco Giants in the World Series.

Two more games like this and they'll win the World Series.

Cain pitched four-hit ball for 7 ⅔ innings, Edgar Renteria homered and drove in three runs, and the Giants routed the Rangers 9-0 on Thursday night for a 2-0 Series lead.

GIANTS	RANGERS
9	0

Cain drew frenzied ovations from a crowd waving Halloween-coloured orange pompoms, and the Giants scored seven runs in the eighth — the biggest inning in their post-season history — a followup to their 11-7 win in the opener.

THE ASSOCIATED PRESS

Stamps offence to get a test from Ticats

HAMILTON	CALGARY

▶ **Time:** 8 p.m., Friday
Channel: TSN

The Calgary Stampeders are poised to have three receivers with over 1,000 yards in a season for the first time in a decade.

Nik Lewis (1,151) is already there, while Romby Bryant (980) and Ken-Yon Rambo (968) could get there Friday as the Stampeders host the Hamilton Tiger-Cats.

They would be the first Stamps trio to accomplish that since Allen Pitts, Marc Boerigter and Travis Moore in 2000.

"To me, it's a huge accomplishment to see three guys reach that plateau," said Calgary quarterback Henry Burris, who is the man in charge of distributing the ball to them.

But getting all three into the 1,000-yard club Friday might be difficult against what has suddenly become the toughest defence in the CFL.

Hamilton (9-7) has given up just 17 points, including one touchdown, in their last three games which were all wins.

The Tiger-Cats signed defensive end Stevie Baggs on Sept. 16. He has 18 tackles, four sacks, one interception and three fumble recoveries — two for touchdowns — in the four games he's played for Hamilton.

Baggs played for Saskatchewan last year and was released from a tryout with the NFL's Arizona Cardinals in early September. Baggs was key in Hamilton's 40-3 shock of the Montreal Alouettes last week, with four tackles, an interception, one pass knock down and returned a fumble recovery 80 yards for a touchdown.

The man Burris calls Mr. Shakespeare, because Baggs has a talent for prose, and the rest of the Ticat defence will test a Stampeder offence that has run hot and cold lately.

"He was a big pickup for those guys and it's going to make things that much tougher for us as far as the passing and running game on Friday," Burris said.

THE CANADIAN PRESS

Scan for code for sports

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Tampa Bay	9	6	2	1	0	32	30	13	3-1-1-0	3-1-0-0	6-2-1-0	W1
d-Montreal	9	6	2	1	0	25	21	13	3-1-1-0	3-1-0-0	6-2-1-0	W3
d-Pittsburgh	10	5	4	1	0	30	25	11	2-3-0-0	3-1-1-0	5-4-1-0	L2
Washington	9	6	3	0	0	25	21	12	4-1-0-0	1-3-0-0	6-3-0-0	W2
Toronto	9	5	3	1	0	23	21	11	3-1-1-0	2-2-0-0	5-3-1-0	L1
Boston	7	5	2	0	0	20	11	10	2-2-0-0	3-0-0-0	5-2-0-0	W1
NY Islanders	9	4	3	1	1	26	23	10	2-0-0-1	2-3-1-0	4-3-1-1	L2
NY Rangers	8	4	3	1	0	28	24	9	1-2-1-0	3-1-0-0	4-3-1-0	L1
Atlanta	9	4	4	1	0	29	33	9	1-2-0-0	3-2-1-0	4-4-1-0	W1
Philadelphia	9	4	4	1	0	25	24	9	3-3-0-0	1-1-1-0	4-4-1-0	W1
Ottawa	10	4	5	1	0	26	31	9	3-2-0-0	1-3-1-0	4-5-1-0	W2
Carolina	8	4	4	0	0	21	23	8	1-1-0-0	3-3-0-0	4-4-0-0	L1
Buffalo	10	3	6	1	0	27	30	7	0-4-1-0	2-3-0-0	3-5-1-0	L1
Florida	8	3	5	0	0	21	20	6	2-1-0-0	1-4-0-0	3-5-0-0	L2
New Jersey	10	2	7	1	0	17	35	5	0-4-1-0	2-3-0-0	2-7-1-0	L3

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W2
d-Calgary	9	6	3	0	0	26	21	12	4-1-0-0	2-2-0-0	6-3-0-0	W3
d-Los Angeles	9	6	3	0	0	26	22	12	3-0-0-0	3-3-0-0	6-3-0-0	L1
Chicago	11	6	4	1	0	32	29	13	4-3-0-0	2-1-1-0	6-4-0-0	W1
Columbus	9	6	3	0	0	23	24	12	4-2-0-0	2-1-0-0	6-3-0-0	W3
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W4
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W2
Dallas	8	5	3	0	0	26	22	10	2-2-0-0	3-1-0-0	5-3-0-0	L2
Vancouver	9	4	3	0	2	24	24	10	4-0-0-1	0-3-0-1	4-3-0-2	W2
San Jose	8	4	3	1	0	24	23	9	2-2-0-0	2-1-1-0	4-3-1-0	W1
Colorado	9	4	4	1	0	25	29	9	1-2-0-0	3-2-1-0	4-4-1-0	L3
Anaheim	10	4	5	0	1	26	35	9	2-0-0-1	2-5-0-0	4-5-0-1	W1
Minnesota	8	3	3	0	2	23	23	8	2-2-0-1	1-1-0-1	3-3-0-1	L2
Phoenix	8	2	3	3	0	21	29	7	1-1-2-0	1-2-1-0	2-3-3-0	L3
Edmonton	8	2	4	0	2	17	24	6	2-2-0-0	0-2-0-2	2-4-0-2	L6

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Boston 2 Toronto 0
Phoenix at Detroit
Columbus 3 Edmonton 2 (SO)
Ottawa 5 Florida 3
St. Louis at Nashville
Washington at Minnesota
Los Angeles at Dallas
Colorado at Calgary
Wednesday's results
Atlanta 6 N.Y. Rangers 4
Chicago 3 Los Angeles 1
Montreal 5 N.Y. Islanders 3
San Jose 5 New Jersey 2
Tampa Bay 5 Pittsburgh 3
Washington 2 Carolina 0
Tonight's games
(All times Eastern)
Montreal at N.Y. Islanders, 7 p.m.
Carolina at N.Y. Rangers, 7 p.m.
Philadelphia at Pittsburgh, 7 p.m.
Buffalo at Atlanta, 7:30 p.m.
Edmonton at Chicago, 8:30 p.m.
New Jersey at Anaheim, 10 p.m.

BRUINS 2, LEAFS 0

First Period
1. Boston, Bergeron 1 (Chara, Lucic) 19:19 (pp)
Penalties — Stuart Bos (interference) 1:03, Marchand Bos (throwing stick) 8:48, Zigomanis Tor (slashing) 11:57, Lebda Tor (interference) 18:37.
Second Period
2. Boston, Seguin 2 (Seidenberg, Ryder) 12:26
Penalties — Orr Tor (interference) 2:40, Marchand Bos (hooking) 5:13, Phaneuf Tor (fighting), Horton Bos (fighting, misconduct) 10:58, Seidenberg Bos (delay of game) 12:51.
Third Period
No Scoring.
Penalty — McQuaid Bos (hooking) 16:04.
Shots on goal by

Toronto	8	4	8	20
Boston	11	10	11	32

Goal — Toronto: Gustavsson (L,1-2-0); Boston: Thomas (W,5-0-0). **Power plays (goals-chances)** — Toronto: 0-5; Boston: 1-3.
Att. — 17,565 (17,565) at Boston.

SENATORS 5, PANTHERS 3

First Period
1. Florida, McCabe 1 (Wideman, Booth) 10:02 (pp)
Penalties — Foligno Ott (goaltender interference) 9:20, Dvorak Fla (holding) 11:16.
Second Period
2. Ottawa, Michalek 4 (Kelly) 5:20 (sh)
3. Ottawa, Fisher 3 (Gonchar, Alfredsson) 13:18
4. Ottawa, Smith 1 (Shannon, Winchester) 14:49
Penalties — Ruutu Ott (hooking) 4:17, Hordichuk Fla, Carkner Ott (fighting) 15:00.
Third Period
5. Ottawa, Kovalev 3, 1:23
6. Ottawa, Alfredsson 6 (Fisher, Michalek) 3:50
7. Florida, Higgins 1 (Reasoner) 6:09
8. Florida, Santorelli 1 (Stillman, Reasoner)19:03
Penalty — Kovalev Ott (tripping) 15:40
Shots on goal by

Florida	5	8	18	31
Ottawa	10	11	7	28

Goal — Florida: Vokoun (L,3-4-0); Ottawa: Elliott (W,4-3-0).
Power plays (goals-chances) Florida:1-3; Ottawa: 0-1.
Referees — Stephen Walkom, Tim Peel. **Linesmen** — Scott Cherrey, Scott Driscoll.
Att. — 16,294 (19,153) at Ottawa.

JACKETS 3, OILERS 2 (SO)

First Period
1. Columbus, Pahlsson 1 (Clark, Wilson) 4:11
2. Edmonton, Horcoff 4 (Eberle, Hall) 7:20 (pp)
3. Columbus, Wilson 2 (Brassard, Clark) 18:09
Penalties — Boll Clb (goaltender interference) 5:39, Hemsky Edm (hooking) 8:00, Vandermeer Edm (tripping), Boll Clb (diving) 13:27, Gilbert Edm (holding) 15:24, Brassard Clb (high-sticking) 15:48, Whitney Edm (delay of game) 19:54.
Second Period
No Scoring.
Penalties — Dorsett Clb (goaltender interference) 6:56, Peckham Edm (interference) 9:45.
Third Period
4. Edmonton, Hall 1 (Peckham, Hemsky) 9:57
Penalties — Smid Edm (boarding) 2:08, Umberger Clb (slashing) 7:17, Horcoff Edm (high-sticking) 11:41, Pahlsson Clb (boarding) 19:45.
Overtime
No Scoring.
Penalty — Gilbert Edm (tripping) 2:27.
Shootout
Columbus wins 2-0
Edmonton (0) — Gagner, miss; Brule, miss.
Columbus (2) — Nash, goal; Filatov, goal.
Shots on goal by

Edmonton	8	11	8	0—27
Columbus	18	8	13	2—41

Goal — Edmonton: Dubnyk (L,0-0-1); Columbus: Mason (W,4-3-0). **Power plays (goals-chances)** — Edmonton: 1-5; Columbus: 0-7.
Att. — 9,128 (18,144) at Columbus, Ohio.

SCORING LEADERS

	G	A	PT
Stamkos, TB	8	7	15
Getzlaf, Ana	3	10	13
D.Sedin, Vcr	7	5	12
B.Richards, Dal	3	9	12
Sharp, Chi	8	3	11
Hossa, Chi	7	4	11
Crosby, Pgh	6	5	11
Roy, Buf	5	6	11
C.Stewart, Col	5	6	11
Liles, Col	0	11	11
H.Sedin, Vcr	0	11	11
Alfredsson, Ott	5	5	10
Selanne, Ana	5	5	10
Perry, Ana	4	6	10
Zetterberg, Det	3	7	10
Kessel, Tor	7	2	9
Horton, Bos	5	4	9
Hejduk, Col	4	5	9
Ryan, Ana	4	5	9

Not including last night's games

MLB

2010 POSTSEASON

WORLD SERIES
(All times Eastern)
(San Francisco leads series 1-0)
Last night's result
Texas at San Francisco
Wednesday's result
San Francisco 11 Texas 7
Tomorrow's game
San Francisco (Sanchez 13-9) at Texas (Lewis 12-13), 6:57 p.m.
Sunday's game
San Francisco (Bumgarner 7-6) at Texas (Hunter 13-4), 8:20 p.m.

GOLF

NATIONWIDE TOUR CHAMPIONSHIP
At Charleston, S.C.
Par 72
First Round

Joe Affrunti	34-32—66
James Hahn	34-32—66
Brendan Steele	34-32—66
William McGirt	33-34—67
Hunter Haas	33-34—67
Colt Knost	36-32—68
Scott Gardiner	34-34—68
Rob Oppenheim	35-34—69
Jason Gore	35-34—69
John Riegger	34-35—69
David Hearn	**34-35—69**
Justin Hicks	36-33—69
Scott Gutschewski	32-37—69
Tag Ridings	33-36—69
Kevin Chappell	31-38—69
Jamie Lovemark	32-37—69
J.J. Killeen	34-36—70
Kyle Thompson	35-35—70
Gavin Coles	35-35—70
Chris Nallen	38-32—70
D.J. Brigman	35-35—70
Steven Bowditch	34-36—70
Daniel Summerhays	37-33—70
Paul Claxton	35-36—71
David Branshaw	34-37—71
Brian Smock	34-37—71
Alistair Presnell	34-37—71
Michael Putnam	34-37—71
Also	
Jon Mills	**36-37—73**

TRANSACTIONS

BASEBALL

MLB
AMERICAN LEAGUE
KANSAS CITY ROYALS — Named Tony Tijerina minor league field coordinator and Mark Davis minor league pitching coordinator.
NATIONAL LEAGUE
NEW YORK METS — Named Sandy Alderson general manager.
PHILADELPHIA PHILLIES — Assigned C Paul Hoover outright to Lehigh Valley (IL). Announced INF/OF Greg Dobbs and LHP Jamie Moyer refused outright assignments and have elected free agency.

BASKETBALL

NBA
MEMPHIS GRIZZLIES — Exercised fourth-year contract options on G O.J. Mayo and F Darrell Arthur and the third-year contract option on C Hasheem Thabeet.

FOOTBALL

NFL
DETROIT LIONS — Claimed CB Brandon McDonald off waivers from Arizona.
NEW YORK GIANTS — Placed DE Mathias Kiwanuka on injured reserve. Signed DB-KR Will Blackmon.

CFL
WINNIPEG BLUE BOMBERS — Added QB Zac Champion to the practice roster.

HOCKEY

NHL
ATLANTA THRASHERS — Recalled G Ondrej Pavelec from Chicago (AHL). Reassigned G Peter Mannino to Chicago (AHL).
DETROIT RED WINGS — Recalled G Joey MacDonald from Grand Rapids (AHL).
MINNESOTA WILD — Recalled F Casey Wellman from Houston (AHL).
NEW JERSEY DEVILS — Recalled D Tyler Eckford from Albany (AHL).
NEW YORK ISLANDERS — Returned F Nino Niederreiter Portland (WHL).
NEW YORK RANGERS — Recalled F Evgeny Grachev from Hartford (AHL).

SOCCER

MLS PLAYOFFS

EASTERN CONFERENCE
(All times Eastern)
New York vs. San Jose
Tomorrow's game
First Leg
New York at San Jose, 10 p.m.
Columbus vs. Colorado
Last night's result
First Leg
Columbus at Colorado

WESTERN CONFERENCE
Los Angeles vs. Seattle
Sunday's game
First Leg
Los Angeles at Seattle, 8 p.m.
Real Salt Lake vs. FC Dallas
Tomorrow's game
First Leg
Real Salt Lake at Dallas, 5 p.m.

SPAIN

COPA DEL REY
Fourth Round
First Leg
Yesterday's results
Alcorcon 0, Athletic Bilbao 1
Osasuna 1, Deportivo La Coruna 1
Real Sociedad 2, Almeria 3

ITALY

ITALIAN CUP
Third Round
Yesterday's results
Bari 3, Torino 1
Chievo Verona 2, Sassuolo 0

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
New Jersey	1	0	1.000	—
New York	1	0	1.000	—
Boston	1	1	.500	½
Philadelphia	0	1	.000	1
Toronto	0	1	.000	1

SOUTHEAST DIVISION

	W	L	Pct	GB
Atlanta	1	0	1.000	—
Miami	1	1	.500	½
Orlando	0	0	.000	½
Washington	0	0	.000	½
Charlotte	0	1	.000	1

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	1	0	1.000	—
Chicago	0	1	.000	1
Detroit	0	1	.000	1
Indiana	0	1	.000	1
Milwaukee	0	1	.000	1

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
Dallas	1	0	1.000	—
New Orleans	1	0	1.000	—
San Antonio	1	0	1.000	—
Memphis	0	1	.000	1
Houston	0	2	.000	1½

NORTHWEST DIVISION

	W	L	Pct	GB
Portland	2	0	1.000	—
Denver	1	0	1.000	½
Oklahoma City	1	0	1.000	½
Minnesota	0	1	.000	1½
Utah	0	1	.000	1½

PACIFIC DIVISION

	W	L	Pct	GB
Golden State	1	0	1.000	—
L.A. Lakers	1	0	1.000	—
Sacramento	1	0	1.000	—
L.A. Clippers	0	1	.000	1
Phoenix	0	1	.000	1

Last night's results
Washington at Orlando
Phoenix at Utah
Wednesday's results
Cleveland 95 Boston 87
New Jersey 101 Detroit 98
Miami 97 Philadelphia 87
New York 98 Toronto 93
Atlanta 119 Memphis 104
Sacramento 117 Minnesota 116
New Orleans 95 Milwaukee 91
Oklahoma City 106 Chicago 95
Dallas 101 Charlotte 86
San Antonio 122 Indiana 109
Denver 110 Utah 88
Golden State 132 Houston 128
Portland 98 L.A. Clippers 88
Tonight's games
(All times Eastern)
Indiana at Charlotte, 7 p.m.
Sacramento at New Jersey, 7 p.m.
Atlanta at Philadelphia, 7 p.m.
Cleveland at Toronto, 7 p.m.
New York at Boston, 7:30 p.m.
Milwaukee at Minnesota, 8 p.m.
Denver at New Orleans, 8 p.m.
Oklahoma City at Detroit, 8 p.m.
Orlando at Miami, 8 p.m.
Memphis at Dallas, 8:30 p.m.
L.A. Clippers at Golden State, 10:30 p.m.
L.A. Lakers at Phoenix, 10:30 p.m.
Tomorrow's games
Washington at Atlanta, 7 p.m.
Sacramento at Cleveland, 7:30 p.m.
Portland at New York, 7:30 p.m.
Philadelphia at Indiana, 8 p.m.
Detroit at Chicago, 8 p.m.
Minnesota at Memphis, 8 p.m.
Denver at Houston, 8:30 p.m.
Charlotte at Milwaukee, 8:30 p.m.
New Orleans at San Antonio, 8:30 p.m.
Sunday's games
Miami at New Jersey, 1 p.m.
Dallas at L.A. Clippers, 3:30 p.m.
Utah at Oklahoma City, 7 p.m.
Golden State at L.A. Lakers, 9:30 p.m.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	5	1	0	.833	159	101
New England	5	1	0	.833	177	136
Miami	3	3	0	.500	111	135
Buffalo	0	6	0	.000	121	198

SOUTH

Tennessee	5	2	0	.714	199	117
Houston	4	2	0	.667	153	167
Indianapolis	4	2	0	.667	163	125
Jacksonville	3	4	0	.429	130	209

NORTH

Pittsburgh	5	1	0	.833	137	82
Baltimore	5	2	0	.714	149	129
Cincinnati	2	4	0	.333	132	141
Cleveland	2	5	0	.286	118	142

WEST

Kansas City	4	2	0	.667	150	112
Oakland	3	4	0	.429	179	165
San Diego	2	5	0	.286	177	149
Denver	2	5	0	.286	138	199

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	5	2	0	.714	175	153
Washington	4	3	0	.571	130	133
Philadelphia	4	3	0	.571	172	157
Dallas	1	5	0	.167	137	152

SOUTH

Atlanta	5	2	0	.714	169	133
Tampa Bay	4	2	0	.667	98	128
New Orleans	4	3	0	.571	147	138
Carolina	1	5	0	.167	75	130

NORTH

Chicago	4	3	0	.571	126	114
Green Bay	4	3	0	.571	167	136
Minnesota	2	4	0	.333	111	116
Detroit	1	5	0	.167	146	140

WEST

Seattle	4	2	0	.667	120	107
Arizona	3	3	0	.500	98	160
St. Louis	3	4	0	.429	120	131
San Francisco	1	6	0	.143	113	162

WEEK 8
Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland
Sunday's games
(All times Eastern)
Denver vs. San Francisco at London, 1 p.m.
Washington at Detroit, 1 p.m.
Buffalo at Kansas City, 1 p.m.
Carolina at St. Louis, 1 p.m.
Miami at Cincinnati, 1 p.m.
Jacksonville at Dallas, 1 p.m.
Green Bay at N.Y. Jets, 1 p.m.
Tennessee at San Diego, 4:05 p.m.
Minnesota at New England, 4:15 p.m.
Seattle at Oakland, 4:15 p.m.
Tampa Bay at Arizona, 4:15 p.m.
Pittsburgh at New Orleans, 8:20 p.m.
Monday's game
Houston at Indianapolis, 8:30 p.m.

CFL

WEEK 18

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	16	11	5	0	480	415	22
x-Hamilton	16	9	7	0	436	372	18
x-Toronto	16	8	8	0	313	401	16
Winnipeg	16	4	12	0	419	434	8

WEST DIVISION

y-Calgary	16	11	5	0	536	403	22
x-Saskatchewan	16	9	7	0	449	442	18
Edmonton	16	6	10	0	343	501	12
B.C.	16	6	10	0	420	428	12

x — clinched playoff berth.
y — clinched division title.
Tonight's games
(All times Eastern)
Montreal at Toronto, 7 p.m.
Hamilton at Calgary, 10 p.m.
Tomorrow's game
Winnipeg at Edmonton, 7 p.m.
Sunday's game
Saskatchewan at B.C., 5 p.m.

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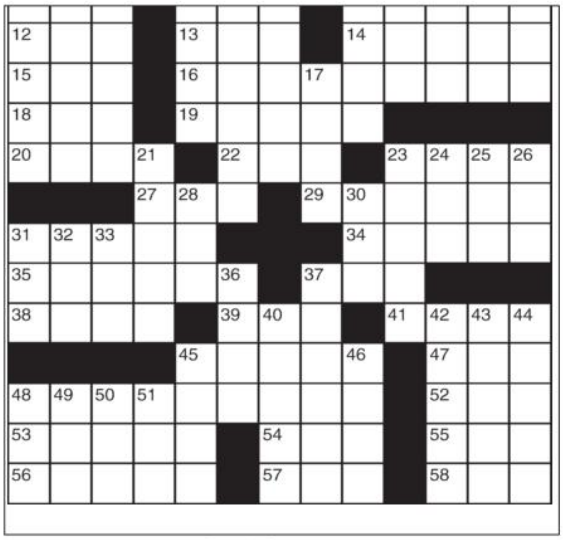
Crossword



Across

1 Lawyers' org.
4 Predicament
7 Was able to
12 In need of repair
13 Work with
14 Permanent prisoner
15 Scarlet
16 Thomas Bulfinch's subject
18 — Aviv
19 Tartan pattern
20 Pinnacle
22 Last (Abbr.)
23 "Bye"
27 Slippery tree
29 Japanese governor
31 Unaccompanied
34 Strong adhesive
35 Offer unwanted advice
37 "CSI" evidence
38 Largest of the seven
39 A Gabor sister
41 Pizzazz
45 Analgesics' targets
47 Fresh
48 "The Da Vinci Code" field
52 Compete
53 Reverent
54 Author Deighton
55 Individual
56 Tending to mimic
57 Curved path
58 Still

Down

1 Heart line
2 Censor's sound
3 Confuse
4 Leap
5 Sanctuary
6 Platinum, e.g.
7 Oaf
8 Lubricant
9 Venusian vessel
10 Journey segment
11 Parched
17 Bat stats
21 Ohio city
23 November birthstone
24 Past
25 Formal wear
26 Whatever amount
28 Allow
30 Coop denizen
31 Wanted poster abbr.
32 Grafton's "— for Lawless"
33 Kimono closer
36 Fervor
37 Peril
40 String instrument
42 Ambassador's aide
43 Paris' river
44 Comment in 140 characters or fewer
45 Luxurious
46 Harmonization
48 Resort
49 Puppy's call
50 "Ostentatious? — ?!"
51 Clear the tables

▶ Yesterday's answer

M	O	D		S	K	I	P		S	T	E	M	
P	E	A		L	I	Z	A		H	A	V	E	
G	R	I	D	I	R	O	N		A	R	E	A	
			Q	E	D		D	I	A	M	O	N	D
F	A	U	C	E	T		C	U	P				
O	B	I		S	A	Y		G	O	W	N	S	
P	E	R	U		M	A	D		O	H	I	O	
S	L	I	N	K		P	U	B		I	L	L	
			S	I	R		B	U	S	T	E	D	
F	R	O	N	T	O	N		C	O	T			
A	U	R	A		B	A	C	K	N	I	N	E	
T	I	E	R		O	D	I	E		E	A	R	
E	N	O	L		T	A	R	T		R	Y	E	

Sudoku

	1				6			
4			2	1		9	5	
3		8					1	
	2	3		9				
			7		2			
				4		5	2	
	6					7		8
	8	1		5	3			4
			6				9	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

8	3	7	1	5	6	9	2	4
5	2	9	3	8	4	6	1	7
6	4	1	7	2	9	8	3	5
3	9	2	8	4	7	1	5	6
7	5	8	6	1	2	3	4	9
4	1	6	9	3	5	2	7	8
1	6	4	2	7	8	5	9	3
9	7	3	5	6	1	4	8	2
2	8	5	4	9	3	7	6	1

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Samantha babe, you are the most amazing person ive ever met. words cant describe my live for you. i love you , and i always will no matter what.
WITH LOTS OF LOVE- AARON

Hey, Stiches! I culdnt ask 4 a better bff! but wuts the foint?! After all we been thru, i think life wuld B so boring wiv out u! Thnx 4 helping me laugh again. P.S (extended)LoTR-athon soon! Pizza nd beer on u!
ALTER EGO.

my life began when i met you and because of you my life has been full of the wonderful and beautiful things. You are the one who makes my life.
LOVE YOU, SUE.. TEI

To my loving fiancee, I love you soo much! I am looking forward to many years and memories babe:)
LOVE RYAN, YOUR HUNNY!

A look at the weather

TODAY	FRIDAY	SATURDAY
Min -4° Max 8°	Min -3° Max 9°	Min -2° Max 12°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 You may not much like what you are expected to do today but do it anyway and do it with passion and commitment.

♉ Taurus April 21-May 21 Don't take it personally if a friend or work colleague disagrees with you loudly today. Usually you are pretty robust but the Sun in your opposite sign lowers your resistance to criticism. It's not worth starting a fight over.

♊ Gemini May 22-June 21 Others can make light of your achievements if they so wish but you know what you have done and how much it is worth. Chances are they're jealous that you make it all look so easy. Make them even more jealous today.

♋ Cancer June 22-July 22 Life moves in cycles and the cycle you are now in the middle of is positive in the extreme. Having said that, with values planet Venus moving retrograde you cannot afford to take anything for granted.

♌ Leo July 23-Aug.23 You may not be much in the mood for taking action but the planets indicate this is a good time to push through changes of a personal nature.

♍ Virgo Aug. 24- Sept. 22 Interesting information will come your way today, the kind of information that could be worth a lot of money. Keep what you learn to yourself for the time being. The fewer know about it the larger your profit will be.

♎ Libra Sept. 23-Oct. 23 The planets indicate that in a matter of days your viewpoint will improve dramatically and you won't feel so down in the dumps. The world is always as good (or as bad) as you want it to be.

♏ Scorpio Oct. 24-Nov. 22 The Sun close to Venus in your birth sign is an excellent omen for affairs of the heart and anything related to money and property.

♐ Sagittarius Nov. 23-Dec. 21 Your imagination is working overtime at the moment and some of the creative ideas you've come up with are bordering on genius. But what are you going to do with those ideas?

♑ Capricorn Dec. 22-Jan. 20 Make the most of the good things that come your way — of which there will be plenty over the next few days. Friends are an excellent source of luck at the moment, so meet up with them.

♒ Aquarius Jan. 21-Feb. 18 When you look back many years from now will you be pleased with yourself that you took so many chances? Or will you rue the opportunities you allowed to pass by?

♓ Pisces Feb. 19-March 20 Today's Sun-Venus union in your fellow Water sign of Scorpio encourages you to see the world from a higher perspective. Feed your mind, and your soul will soar. SALLY BROMPTON

Caption contest

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You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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